



A message from our Headteachers



It was fantastic to see so many parents and carers join us at school last Friday for the Summer Fayre. The weather was on our side and we were able to enjoy the sunshine, along with all of the activities that had been organised by the PTA. Year 6 were outstanding in leading stalls independently and were role models to other pupils across school.

The PTA were able to raise just over £350, thanks to all of your support!

We also wanted to extend our thanks to the Warren PTA, as the event would not have happened without them!



Thank you,
Mrs Salam and Mr Middleton

Attendance

Our attendance target this year: **96%.**

It is **so** important your child is coming to school every day to reach this target. Our whole school attendance for this week is 92.2%.

If your child is absent from school, **we ask that you communicate every day with school to share reasons why your child is absent from school.**

Here is this week's attendance:

F1: 96.7%

F2: 87.1%

Y1: 92.8%

Y2: 88.1%

Y3: 89.4%

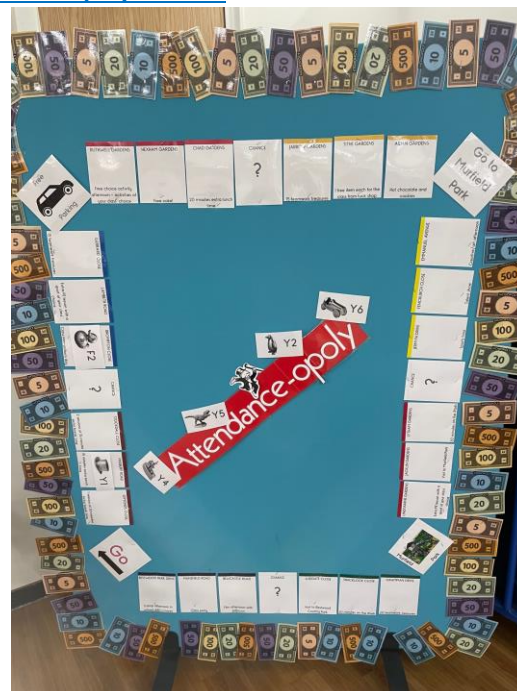
Y4: 99.6%

Y5: 94.8%

Y6: 90%

Well done to Year 4 who have the highest attendance this week!

Attendance-opoly winners



1st place – Year 4 – who have won 2 sessions of 15 minutes extra play

2nd place F1 – who have also won 2 sessions of 15 minutes extra play

Key datesAutumn 1

<u>Date</u>	<u>Event</u>
26.9.23	KS1 breakfast meeting for parents, carers and pupils – 8.20am-8.50am
28.9.23	MacMillan Coffee Morning
2.10.23	Individual Pupil Photos
3.10.23	KS2 breakfast meeting for parents, carers and pupils – 8.20am-8.50am
3.10.23/4.10.23	Parent and Carers Evening
10.10.23	World Mental Health Day – Hello Yellow Day
20.10.23	Black History Month Art Exhibition
20.10.23	Last day of half term
<u>Trips and Visits for Curriculum in Autumn term</u>	
4.10.23	EYFS visit to school from Falconry UK
15.9.23	Year 1 visit to Muirfield Park
11.10.23	Year 2 visit to Green's Windmill, Sneinton
29.11.23	Year 3 visit to Brackenhurst for a Stone Age experience day
TBC	Year 4 Vikings Experience
16.10.23 - TBC	Year 5 visit to Perlethorpe for Anglo-Saxon and Viking experience day
13.10.12	Year 6 visit to the National Holocaust Centre
29.9.23	The Burrow visit to Muirfield Park

Primary Parliament representatives

On Monday, children in each class were given the opportunity to present to their peers about why they should represent their year group in Primary Parliament! Each class then voted for their top 2 representatives, developing their understanding of democracy further! We are very excited to share with you the new primary parliament representatives for this year:

Year 1 – Oliver W and Cohen F

Year 2 – Sebastian and Harmony

Year 3 – David and Heavenly

Year 4 – Carson and Flynn

Year 5 – Julia and Karan

Year 6 – Deborah and Keno

Well done to everyone who presented!

Achievements this week!

Well done to the following children who have been given a certificate in our celebration assembly today!

F1: Brodie for settling into Foundation 1 & Ethan for good recall in English.

F2: Harper for sharing her amazing facts in English & Mia for being a good role model to others.

Y1: Eva for growing in confidence & Lacie for trying hard in Maths to write numbers correctly.

Y2: Sebastian for dedication to his speech for Primary Parliament & Alore for being a fantastic scientist!

Y3: Efetobore for having an amazing first week and showing all of our learning behaviours & Lexy for always being helpful and kind.

Y4: Riley for listening well and always being polite & Logan for showing confidence and enthusiasm.

Y5: Freddie for excellent Science knowledge and explaining it brilliantly & Julia for always putting her best foot forward and being dedicated to learning.

Y6: Maisie for thorough engagement in lessons and class discussions & Zara for a powerful and well constructed setting description.

Best seats in the house winners this week:

Ellie-Mae & Demi-Leigh for showing resilience and always being helpful across all areas of school.

Career of the week

We are passionate about sharing with the children different ideas of what they can do or be when they are older. We are introducing a 'career of the week' section of the newsletter, where we will be sharing information about a job or career, which you can then share with your child, to inspire or interest them in different career options! **This week's career is: A Games Tester!**

Yes you can get paid to test different types of computer games! You would get to identify faults or suggest improvements to games, and need to work under pressure. You would also need to be good at problem solving, and pay lots of attention to detail to do this job.

Subjects that are useful if you were interested in a career like this are: **Computing, Science and Maths**

More information can be found here:

<https://nationalcareers.service.gov.uk/job-profiles/computer-games-tester>





Parking around the school site

We have received a number of complaints about parking around the school site and in the local area this week. We are asking parents and carers to ensure they are putting the safety of the children at the forefront of pick-ups and drop-offs to school, when parking around the local area.

A number of vehicles have made it unsafe for children to walk safely through Aldwych Close this week, due to how the cars have been parked.

Residents in the local area have also shared that cars are being parked across drive ways, blocking their own cars in.

We ask you to be considerate how you are parking, and that you are doing so in a way that does not put any child at risk when trying to make their way to and from school.

Thank you for your support with this.



MacMillan Coffee Morning



We will be holding a Macmillan Coffee Morning next Thursday (28th) from 8.40am-10am. We are welcoming parents, carers and members of the community into school to enjoy a hot drink and cake, and have an opportunity to spend some time in school, for a small donation to such an important cause.

We will also be taking cake donations for the morning. Any cakes not used during the morning will be sold off at the end of the day, with all funds donated to Macmillan.

Book swap & a free uniform stand will also be on in the hall during this time.

If you are able to donate any cake for the morning, please bring this into school by Wednesday. Thank you.

We hope you are able to join us and we look forward to seeing you next week!



Parent and Carer Breakfast Meetings

It was lovely to see so many EYFS parents and carers in the hall on Thursday morning. We will be continuing to run these Breakfast Meetings for KS1 and KS2 over coming weeks. Please see the poster below for more information!

Bike hire - update

A number of parents and carers had made application to hire bikes from Ridewise in the Spring Term last year. Unfortunately, Ridewise are not able to provide us any bikes at present, and we will inform parents and carers if we are able to access the bike hire scheme in the New Year. Sorry for any inconvenience this may cause.

National Trust – Free passes

The National Trust are giving away free passes for families this autumn, to visit many National Trust sites. More information can be found here: <https://www.nationaltrust.org.uk/visit/escape-into-autumn>

Tuck shop – price increases

Due to sugar tax, the price of the items we buy for tuck shop have increased. This means we need to make a slight increase to the current prices. The new prices for items are as follows:



Popcorn – 60p

Nutrigrain bar – 50p

Orange or Apple Juice – 40p

Raisins 45p




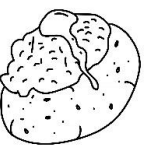
Sorry for any inconvenience this may cause.

In school flu jabs

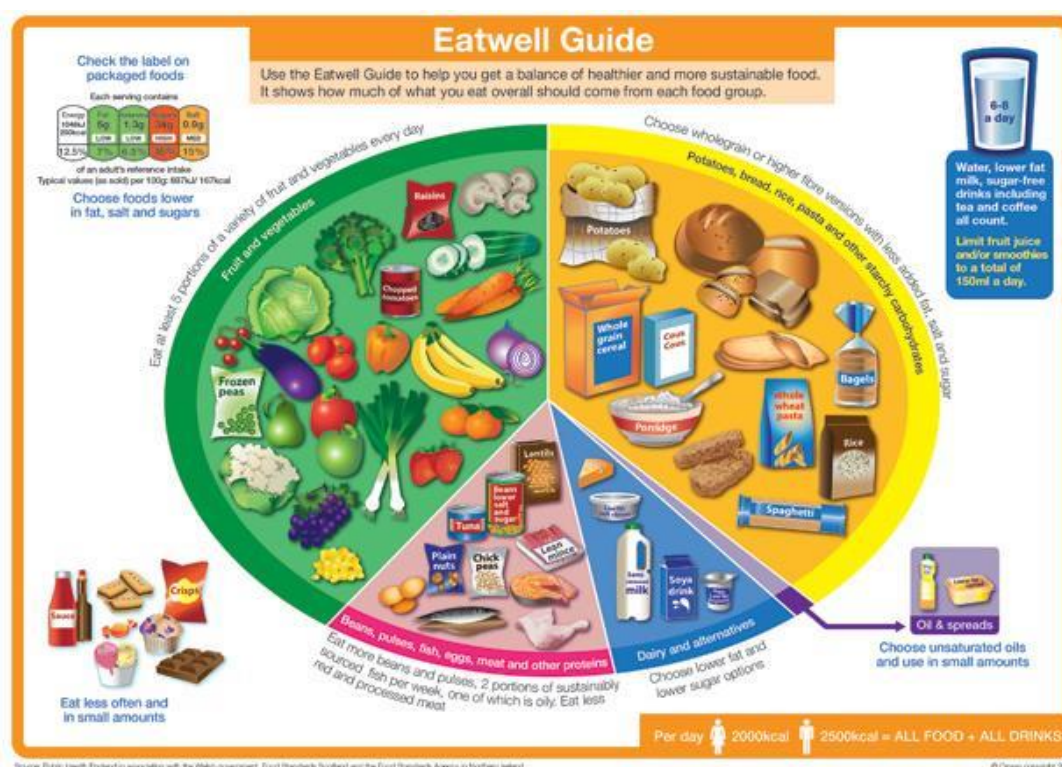
We will be providing flu vaccination for pupils across school on **21st November 2023**. Please see below the link for the consent forms, which need to be completed if you wish for your child have a vaccination in school. This link is now open and will close on **14th November 2023**. More information can also be found below about flu vaccinations.

<https://nhslmms.azurewebsites.net/session/a94a1147>



Week 1 lunch menu				
Day	Main	Vegetarian	Dessert	Jacket Potato
				
Monday	Homemade Pizza	Homemade Pizza	Apple Muffins	Baked Beans, Grated Cheese
Tuesday	Chicken Fillet Burger	Southern Style Quorn Burger	Lemon Drizzle Cake	Tuna Mayo
Wednesday	Butchers Sausages	Quorn Sausages	Blackcurrant Jelly	Baked Beans, Grated Cheese
Thursday	Roast Turkey	Quorn Roast	Fresh Fruit Salad	Grated Cheese & Bacon
Friday	Fishwich	Quorn Sausages	Iced Buns	Coleslaw

If your child is having a packed lunch, please ensure you are making healthy choices for your child to eat. Below shows the 'Eat Well Guide' which is what is recommended to be eaten on a daily basis to maintain a healthy diet. We have also included some healthy lunchbox ideas. More information can also be found at: <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>





Love your packed lunch!

Pin me up!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:

1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

Choose ONE EVERY DAY from:

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes

Choose wholegrain



Use a thermos flask to keep pasta warm



Get kids involved in the choosing/putting

2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

Choose TWO EVERY DAY from:

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup



Add salad to your sandwiches



Use a thermos flask for delicious soups

3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

Choose ONE EVERY DAY from:

- ✓ Milk
- ✓ Cheese – hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard



Choose low sugar dairy products



Reduce sugar: choose plain yoghurt and have fruit on the side

4 Protein Foods

for growth and repair

Pack a protein punch!

Choose ONE EVERY DAY from:

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans



Keep processed meat to a minimum



Choose oily fish like salmon once every 3 weeks

5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk – or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie



Milk, water or 150ml juice



Occasionally!

Meat products such as sausage rolls, pies, sausages

Plain cakes/sponges and biscuits of appropriate portion sizes



Plain cakes occasionally

For more healthy packed lunch ideas and recipes visit www.phunkyfoods.co.uk/recipes



Warren Academy
A L.E.A.D. Academy



**COME FOR FREE
BREAKFAST WITH
YOUR CHILD!**



**NETWORK WITH OTHER
FAMILIES**

**MEET OTHER PARENTS &
CARERS IN YOUR
CHILD'S CLASS**



**JOIN US IN THE SCHOOL HALL 8.20-
8.50AM TO TALK ABOUT ALL THINGS
SCHOOL AND ATTENDANCE.**



EYFS - THURS 21ST SEPT

KS1 - TUES 26TH SEPT

KS2 - TUES 3RD OCT





We have changed the way that you can contact the Children's 0-19 Public Health Nursing service in Nottingham.



You can now call our **Children's Health Advice Hub** and speak to a nurse about your child's health and development.

0300 300 0040

Opening hours 8.30am to 5.00pm

We can also help you with booking or changing appointments.

If you would rather send us a text message, you can use our Text Health messaging service.



Text Health Messaging Service

We provide a confidential text service for parents and caregivers

Whatever is worrying you, let's talk it through
Text a Public Health Nurse on:

074806 35002

If you are worried that your child is unwell, please contact your doctor, visit an NHS walk-in centre, or call NHS 111. If it is an emergency, dial 999 or take your child to your nearest hospital Emergency Department.

Flu vaccine is offered free to:

Children aged
2 or 3 years old
(on 31 August
before flu
vaccinations start
in the autumn)



Some
school-aged
children

Children with a
health condition
that puts them at
greater risk from flu



Further information on which children are eligible each year can be found at: www.nhs.uk/child-flu

5 reasons to get your child vaccinated

1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

3. No injection needed

The nasal spray is painless and easy to have

4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record





5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare



Cycle to School Week

Why get involved?

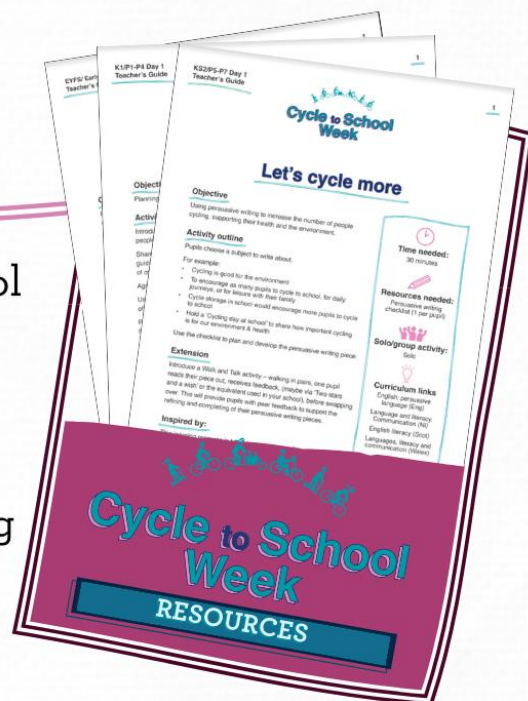
-  **ENERGISE** pupils to be more alert, relaxed and ready to start the day
-  **IMPROVE** local air quality and reduce congestion
-  **EDUCATE** children to be aware of road safety & feel more independent
-  **BOOST** your school's physical and mental health and wellbeing

FREE RESOURCES FOR SCHOOLS

Get Cycle to School Week rolling in your school and inspire your pupils to cycle or scoot to school with our library of resources.

Download your free school resources, including presentations, how to guides, classroom activities and more at:

bikeability.org.uk/cycletoschoolweek



#CycleToSchoolWeek