Warren Primary Academy
A L.E.A.D. Academy

Statutory Curriculum 2021: <u>Progression in Relationship and Sex Education</u> at Warren Primary Academy

	Overview	F2	Year 1	Year 2
Relationship and Sex Education	Relationships Education (statutory). By the end of primary education, pupils will have been taught content on: ➢ Families and people who care for me ➢ Caring friendships, respectful relationships and online relationships ➢ Being and staying safe. Statements taken from **Early Years Foundation Stage Framework**, the **statutory Science learning (from 2014 National Curriculum)** and the statutory **Safeguarding learning (from Keeping Children Safe in Education and Working together to Safeguard Children).** If the statement is written in red, parents are allowed to withdraw their child from that aspect of the curriculum if they feel this is necessary (see policy to do this).	➢ I can name parts of the body. ➢ I can tell you some things I do and foods I eat to be healthy. ➢ I understand that we all grow from babies to adults. ➢ I am starting to regulate my behaviour. ➢ I can control my immediate impulses. ➢ I am starting to consider others' feelings. ➢ I show and understanding of how others might be feeling. ➢ I give focused attention to my teacher, even when engaged in activity.	➢ I am starting to understand the life cycles of animals and humans. ➢ I can tell you some things about me that have changed and some that have stayed the same. ➢ I can tell you how my body has changed since I was a baby.	➢ I can recognise cycles of life in nature. ➢ I can tell you about the natural process of growing from young to old and understand that this is not in my control. ➢ I can recognise how my body has changed since I was a baby and where I am on the continuum from old to young. ➢ I can recognise physical differences between boys and girls, using the correct names for parts of the body. ➢ I appreciate that some parts of my body are private. ➢ I understand that there are different types of touch and can tell you which ones I like and don't like. ➢ I can identify the parts of the body that make boys different to girls and can use the correct names for these.

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	Year 3	Year 4	Year 5	Year 6
Relationship and Sex Education	I understand that in animals and humans, lots of changes happen between conception and adulthood and that it is usually the female who has the baby. I understand what a baby needs to live and grow. I can start to recognise stereotypical ideas I might have about parenting and family roles. I can explain why people from all backgrounds, genders and abilities should be given the same opportunities.	I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. I understand that some of my personal characteristics have come from my birth parents. I can identify changes that have been made in my life and may continue to be made. I can accept that some changes are outside my control. I understand the importance of looking after yourself physically and emotionally.	I am aware of my own self-image and how my body fits into that. I can explain how boys' and girls' bodies change during puberty. I understand the importance of looking after yourself physically and emotionally (including erections, ejaculation and menstruation for reproduction). I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby. I can describe how a baby develops from conception through the nine months of pregnancy and how it is born. I understand the process of sexual intercourse and reproduction. I can identify what I'm looking forward to about becoming a teenager and understand this brings growing responsibilities.	I am aware of my own self-image and how my body image fits into that. I am aware of how digital images can be distorted. I can explain how boys' and girls' bodies change during puberty. I understand the importance of looking after yourself physically and emotionally. I understand that sexual intercourse can lead to conception and that this is how babies are usually made. I know what a stereotype is and why these can be dangerous. I recognise acceptable and unacceptable touch and know how to deal with these appropriately. I understand consent. I recognise that if something happens

			I understand the laws around sexual activity. I understand consent. I recognise that if something happens against my	against my consent, that is never my fault. I understand that sometimes people need IVF to help them have a baby. I understand how being physically attracted to someone changes the nature of the relationship and what it might mean to have a girlfriend/boyfriend/ partner. I am aware of the importance of positive self-esteem and can identify things that may build or damage self-esteem.