Warren Primary Academy
A L.E.A.D. Academy

**Bewcastle Road, Top Valley**
**Nottingham. NG5 9PJ**
**Telephone 0115 9153760**
**admin@warrenacademy.co.uk**
**www.warrenacademy.co.uk**

1st April 2022

Dear Parents/Carers

During the summer term, Year 5 and 6 will start RSHE (Relationships, Sex and Health Education) lessons. These will be taught by your child's class teacher with my support if necessary. Together, they will explore facts around the following topics:

- healthy relationships;
- what makes a family;
- life-cycles of animals, birds and humans;
- how babies are made and develop;
- personal hygiene;
- individual rights;
- the law;
- issues facing young people;
- body image;
- health and substance misuse;
- feeling pressure and persuasion;
- changes faced by boys and girls during puberty;
- coping with emotions;
- staying safe online;
- actions, choices and responsibilities;

During these sessions, children will be given the opportunity to ask any questions they have, either alongside their classmates or privately, and will be encouraged to ask as many questions as possible. They will be given the opportunity to write questions on paper and put them in a class question box. We will also recommend that the children talk to their adults at home as well to share anything they have learned or any questions they have. From our experience of teaching these lessons with many different classes, once the children are over the initial embarrassment, they find this sequence of learning fascinating and really engage with the subject.

If you have any specific questions around the teaching of this subject, please contact your child's teacher and they will be happy to discuss them with you.

Best wishes

Mrs Walsh