

## A message from our Head of School



We are very excited to be celebrating National Storytelling Week next week, with all things reading happening across school. Here is what we are up to that we would love you to get involved in too!

<b>Monday</b>	KS1 Storytelling by the Reading team at lunchtime
<b>Tuesday</b>	Y3 & Y4 Storytelling by the Reading team at lunchtime Book swap after school in the playground
<b>Wednesday</b>	Y5 & Y6 Storytelling by the Reading team at lunchtime
<b>Thursday</b>	Class teacher swap for story time – parents and carers welcome to join for this from 3pm. Entry into school via the office.  Library open for parents in F1 and F2 at the end of the day

We will also be uploading a video being read by members of the staff team every day on Class Dojo for you to listen to at home with your child!

## Storytelling competition

We are running a storytelling competition next week for children across the whole school. The children can choose a picture of their choice and write, perform or act their own story about the image. They can make their own props, create their own book, or even make a digital version of the story of their choice. We want the children to be as creative as possible and then we will be showcasing the stories as part of our special assembly on Friday afternoon.

This website has some great pictures to inspire the children if you want to create your own stories at home:

<https://www.onceuponapicture.co.uk/>

## Reading Recommendations

We are going to be featuring recommendations for reading at home on our bi-weekly newsletter. Here are Mrs Salam's reading recommendations for next week:

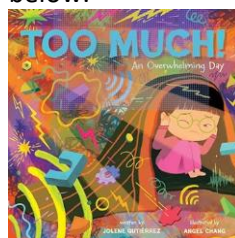
<u>Year group</u>	<u>Recommendation</u>
EYFS	 <a href="https://www.youtube.com/watch?v=DD9Np1YXzVg">https://www.youtube.com/watch?v=DD9Np1YXzVg</a>
Key Stage 1	 <a href="https://www.youtube.com/watch?v=I8E6R0IAXqA">https://www.youtube.com/watch?v=I8E6R0IAXqA</a>
Key Stage 2	 <a href="https://www.youtube.com/watch?v=N3dNHlISwKQ">https://www.youtube.com/watch?v=N3dNHlISwKQ</a>

## Bring a book from home

We are also sending home a slip with your child to have an opportunity to bring in a book from home to read with the class. Please spend time choosing a book with your child, complete the slip and return it to school with the book. Your child's teacher will then find a time to share the stories with the class over the upcoming weeks!

## Children's Mental Health Week

Next week is also Children's Mental Health Week. We are celebrating this on Friday with a themed day – more information about this can be found below. We will also be reading stories in assembly during the week linked to this important week, such as the one below:



Too Much! An Overwhelming Day by Jolene Gutierrez

<https://www.youtube.com/watch?v=w7BmXPB67zw>

We can't wait to see as many of you as possible involved next week!

Thank you for your continued support,  
Mrs Salam, Head of School



# Attendance matters

## A message from Mrs Neat – our attendance officer

Attendance is an area we are continuing to work on across the school for this academic year. We hope to continue to see the efforts that parents and carers are going to, to ensure that children are in school every day. Please continue to maintain this in the summer term, to ensure the best possible progress for your child at school.

If you need any help or support, please get in touch with us. We are here to help.

## Weekly attendance target: 96%

### Last week's overall attendance: 96%

F1: 92.00%

F2: 97.50%

Y1: 93.18%

Y2: 97.62%

Y3: 96.70%

Y4: 95.50%

Y5: 99.10%

Y6: 94%

### This week's attendance: 93.18%

F1: 93.60%

F2: 84.00%

Y1: 83.20%

Y2: 95.40%

Y3: 90.30%

Y4: 96.40%

Y5: 97.20%

Y6: 94.80%

## Attendance-opoly winners from this week:

**1<sup>st</sup> place: Year 5 with 97.20 %– won 20 minutes extra play**

**2<sup>nd</sup> place: Year 4 with 96.40% - won 30 minutes extra lunch**



## Attendance processes if your child is absent from school

- All parents and carers are expected to notify school if your child is unable to attend and give reason as to why they are absent.

### If your child's attendance is above 90%

- If we do not receive communication from you, a text message will be sent to find out why your child is absent.
- If your child is well enough to attend in the afternoon, we encourage you to bring your child in, as they will receive an attendance mark for the afternoon session.
- We expect for you to continue to communicate with school on a daily basis if your child continues to be absent from school.
- If we do not receive communication from you, a house visit will be completed.

### If your child's attendance is below 90% - persistently absent

- If we do not receive communication from you, school will phone you by 9.30am to find out why your child is absent.
- Medical evidence, if your child is absent from school as they are unwell, will be requested from you.
- If medical evidence is not provided to school for your child's absence, we will complete a house visit to discuss your child's absence with you.
- If 3 home visits are made in a term, school will need to consider whether a referral to social services is required due to educational neglect.

### Lateness and unauthorised absence

- **There has been a significant increase in the number of children that are arriving late to school.**
- **All children should arrive at school by 8.50am.**
- **If your child arrives past 9.30am, their attendance for the morning session will be classed as unauthorised, and this will negatively impact their attendance.**
- **You can receive a fine from the local authority for continued lateness past 9.30am, as this is considered to be unauthorised absence from school.**

If you would like to discuss your child's attendance further, please speak to a member of our attendance team. We will provide support to families to ensure your child is able to attend school:

- **Mrs Neat** – Attendance officer
- **Mrs Salam** – Head of School
- **Mrs Ford** – DSL and Inclusion Leader
- **Mrs Curtis** – School Business Manager

Your child's class teacher will also be happy to discuss your child's attendance with you. **We are here to help you!**



# Attendance matters

## Statutory attendance updates for the DfE

From 19<sup>th</sup> August 2024, the Department for Education is implementing statutory guidance for school to implement in regards to attendance. A link to the guidance can be found here: [Working together to improve school attendance - GOV.UK \(www.gov.uk\)](https://www.gov.uk/working-together-to-improve-school-attendance)

The guidance includes information on the following:

### Term Time Holidays

We understand the frustration of holidays increasing in price during school holiday times. However, the impact of taking holidays during the term has a significant impact on the child's achievement and academic progress. It also undermines the school's rich curriculum as key knowledge is missed on their learning journey. From the start of the next academic year, Warren Academy will issue penalty notices for unauthorised term time holidays where appropriate to do so. Please take this into account before booking holidays during term time next academic year - there are 175 non-school days during the year in which to take holidays. As a result of the change in statutory guidance, penalty notices are now more severe and monitoring is over a 3-year basis. Further information about costs of fines is detailed below.

### Unauthorised Absences

Schools must consider all unauthorised absences for a penalty notice. The new threshold is 10 sessions of unauthorised absence in a rolling period of 10 school weeks. A school day is divided in to two registration sessions, AM and PM. If these registrations are missed for unauthorised reasons, it may lead to penalty. Unauthorised absence can be:

- An unauthorised holiday, as explained above
- Reason has not been established as to why the child is absent
- The school is not satisfied that the reason given is one that can be recorded as authorised
- Being late after registers have closed (30 minutes after the start of the school day)

### Fines

Whilst there are many changes, one of the most significant changes are around the penalty notices issued for unauthorised attendance. These fines are per parent, per child and have been increased.

**First Offence – The first time a Penalty Notice is issued the amount will be:**

- £160 per parent, per child, paid within 28 days.
- Reduced to £80 per parent, per child, if paid within 21 days

**Second Offence (within 3 rolling years) – The second time a Penalty Notice is issued the amount will be:**

- £160 per parent per child paid within 28 days.

**Third Offence and Any Further Offences (within 3 rolling years)**

- The third time an offence is committed a Penalty Notice will not be issued and the case will be presented straight to the Magistrates Court.





## Other information this week...

### Key dates

<u>Spring 1</u>	
<u>Date</u>	<u>Event</u>
<b>WB 3.2.25</b>	Children's Mental Health Week National Storytelling Week
<b>4.2.25</b>	Y2 trip to Newstead Abbey
<b>5.2.25</b>	Y3 Me Vs Me sports challenge in school Y5 Kurling session
<b>7.2.25</b>	Children's Mental Health themed day
<b>11.2.25</b>	Safer Internet Day
<b>11.2.25</b>	Y3 Visit to Magna
<b>12.2.25</b>	Y1 visit to Wollaton Hall for Dinosaur workshop
<b>14.2.25</b>	Primary Parliament fundraiser after school for Valentine's Day
<b>WB: 17.2.25</b>	February Half term
<b>26.2.25/27.2.25</b>	Y5 Bikeability
<b>WB: 3.3.25</b>	When I Grow Up week
<b>4.3.25/5.3.25</b>	Y6 Parents and Carers Evening
<b>11.3.25/12.3.25</b>	F1-Y5 Parents and Carers Evening
<b>14.3.25</b>	Y4 Visit to Wollaton Hall for Ancient Greece workshop
<b>19.3.25</b>	Y6 visit to University of Nottingham for USAS Civil Rights day
<b>21.3.25</b>	Red Nose Day
<b>31.3.25</b>	Eid Al-Fitr Themed lunch
<b>4.4.25</b>	Warren Number Day
<b>4.4.25</b>	Last Day of Term- school closes at 2pm
<b>WB: 7.4.25</b>	Easter Holidays

### Achievements this week!

Well done to the following children who have been given a certificate in our celebration assembly today!

**F1:** Lareen for good listening & Jana for good settling in.

**F2:** Bobby for his amazing Phonics and Writing & Ethan for showing compassion by helping other children, especially new starters.

**Y1:** Rafael/Cohen for amazing Phonics work.

**Y2:** Leyana for working so hard in Writing & Charlie for resilience in sewing for our D.T. project!

**Y3:** Lillie S for super hard work and effort in all Wider Curriculum & Destiny B for being a column multiplication superstar!

**Y4:** Enzo for persevering in Maths to show a good understanding of division & Jorja for writing a well thought out letter in English.

**Y5:** Freddie for a great effort with equivalent fractions & Ellie-Mae for taking responsibility for her own learning.

**Y6:** Love for great thought in her homework & Gracie for great effort in reading every day at home.

### Best Seats in the House:

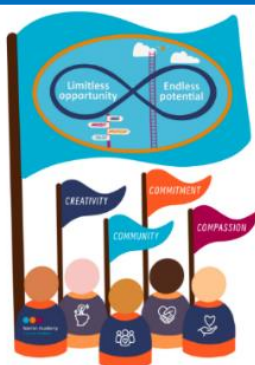


Mrs Shaw chose:

Lokuthula in Year 5

Jorja in Year 4







for showing kindness and compassion at break and lunchtimes.





# Curriculum news

## Learning across our year groups this week

			
<p>We have had so much fun learning about Lunar New Year in F1. Here we are reenacting the animals crossing the river from 'The Great Race'. A big thank you to Elva Rae's dad who put together a presentation for us about Lunar New Year.</p>	<p>In F2 this week, we have been learning all about Lunar New Year! We have enjoyed making lucky fans, decorating snakes and developing our fine motor skills by using chopsticks!</p>	<p>After finding a dinosaur had been in our classroom, Year 1 have been examining dinosaur poo and are preparing to write a newspaper report on their findings.</p>	<p>Year 2 had a Victorian classroom experience day!</p>
			
<p>Year 3 have been using how to write a list, using a comma to separate the items. We used macaroni to place in sentences as commas to help us understand the concept even more</p>	<p>In Science, year 4 have started to explore how sound is created through vibrations and how it travels to our ears.</p>	<p>This week Year 5 were joined by Kerry from the Mental Health Support Team (MHST). We discussed the importance of positive friendships and then worked to consider what makes a good friend.</p>	<p>This week Class 6 have been immersed in the world of the Maya through VR: exploring different Maya cities and temples.</p>



# Curriculum news

## Learning in the Burrow this week



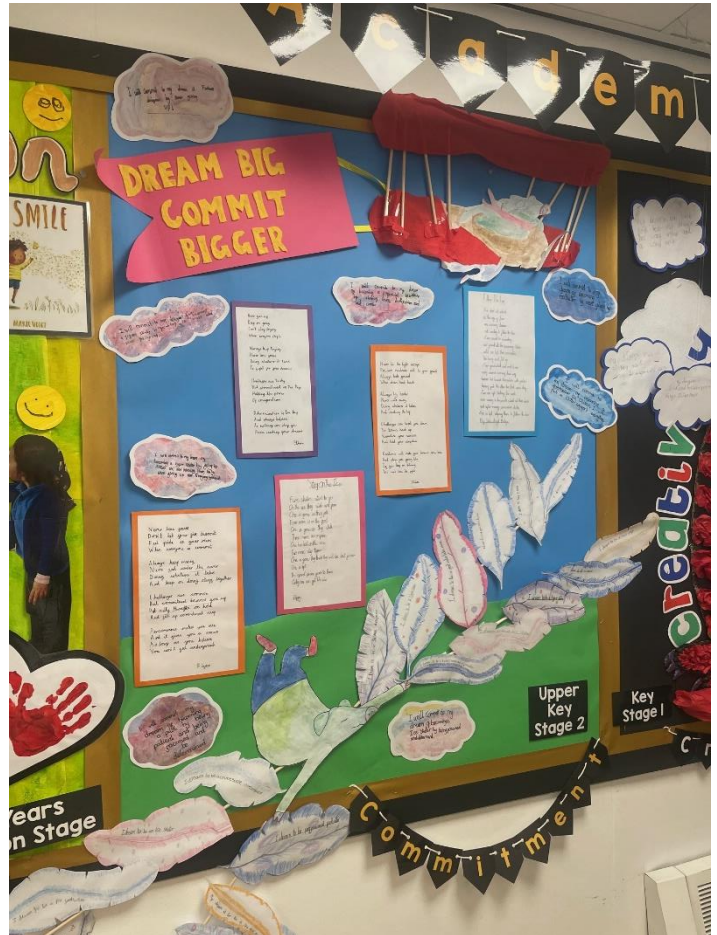
**This week, children in the Burrow have been learning about jungle animals. They have been watching the different animals on the smart board, writing the animal's names and reading and observing books to learn more about the different types of animals!**



# Curriculum News

## Our school values work

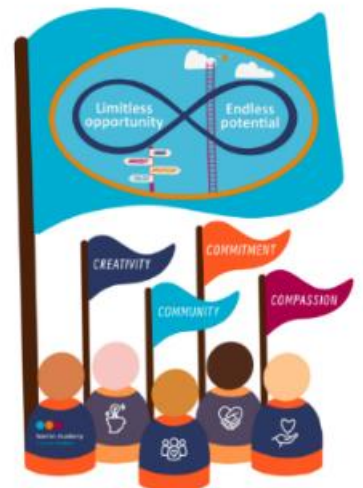
At the start of the New Year, we spent time in phases across school learning more about the importance of our school values. Each class was allocated a book linked to a school value, and they spent time reading and understanding the meaning of the value in the story. The children then created a display to represent their learning which can be seen at the front of school!



Year 5 and Year 6 focused on the value of 'Commitment'



F1 and F2 focused on the value of 'Compassion'





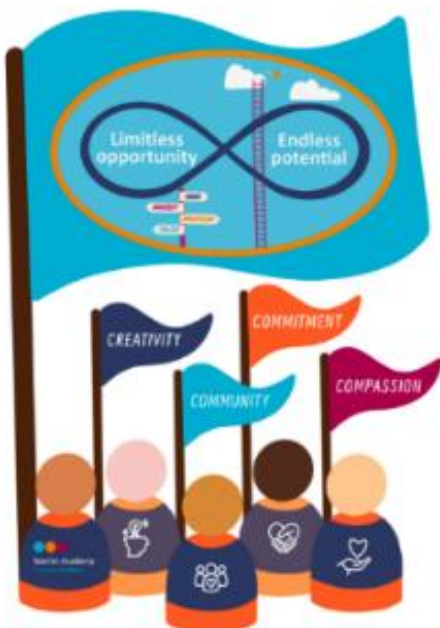
# Curriculum News

## Our school values work



Year 1 and Year 2 focused on the value of 'Creativity'

Year 3 and Year 4 focused on the value of 'Community'







# Curriculum News

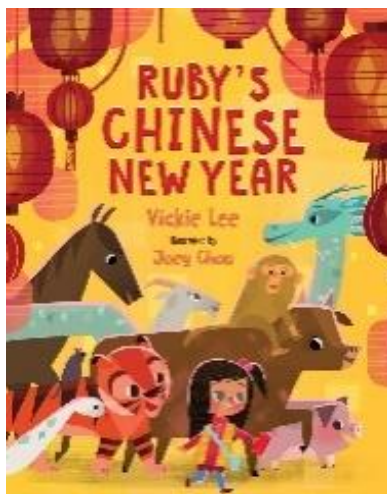
## Lunar New Year at Warren Academy

We have been busy celebrating Lunar New Year across school this week, as this is an important time of year for some families in our community. This year is the Year of the Snake.



We had a special Lunar New Year themed lunch with Chinese chicken and moon flower cake. Thank you to Ms Riggs and Ms Page for this!

Children in EYFS have had their very own noodle bar in their outdoor provision, as well as other activities linked to this special time of year.



We had a special whole school assembly on Monday where we read the story Ruby's Chinese New Year with Mrs Austin



# Curriculum News

## Visit from MP Michael Payne



**MP Michael Payne visited school on Friday to talk to Mrs Salam and Mrs Rogers, our chair of governors, about issues in the local community, and in particular Muirfield Park. Michael then took time to speak with Year 6 about his job as an MP, what is important in his job, and things he has to do on a day-to-day basis. The children were also able to ask him questions and discuss their thoughts about the park, as well as shared their knowledge about democracy.**

**Michael then had a tour of school and met lots of children and staff. Thank you to Michael for taking the time to come in to see us today!**



# Curriculum News

## Other enrichment around school



Children across school have been using VR headsets in their learning this week. We have had a class set of the headsets on loan to us from L.E.A.D IT, which has meant the children have been able to experience their learning being brought to life!

**This is what the children had to say about their experiences!**

**“I liked it because I got to see a volcano and it was fun!” - Star  
Year 3**

**“I got to see dinosaurs - I didn't know if they were real or not” -  
James Year 1**





# Curriculum News

## Other enrichment around school



**Children in Year 6 have been taking part in a local football league over the Autumn term. They have represented school brilliantly and have come third in the tournament. We are so proud of this achievement as it is the first time Warren has played in the league for a long time!**

**A huge thank you to Mr Eddyshaw as well as, who has taken the children rain or shine to the games, and to the parents and carers who also came out to support throughout the Autumn term!**



# Curriculum News

## Enrichment around school



**Year 5 and Year 6  
have been taking  
part in Hockey  
sessions with  
Nottingham  
Hockey Club**

**Y2 were visited by  
the Fire Brigade,  
linked to their  
learning about the  
Great Fire of London  
last half term!**





# Curriculum News

## Children's Mental Health Week 2025

**Place2Be's Children's Mental Health Week is a mental health awareness week that empowers, equips and gives a voice to all children and young people in the UK.**

**This year Children's Mental Health Week will take place from 3<sup>rd</sup> - 9<sup>th</sup> February 2024. This year's theme is "Know Yourself, Grow Yourself" and is supported by the characters of the movie Inside Out.**



**To celebrate this important week and raise some money for the charity, we are inviting children to come in, on Friday 7<sup>th</sup> February, dressed up as an emotion in exchange for a £1 donation. You can choose any emotion you like and be as creative as you want to in expressing that emotion through your outfit!**



# Safeguarding news

An update from Mrs Ford, Designated Safeguarding Lead



On Tuesday, school welcomed Geoff Pearson, from the Royal National Lifeboat Institution. Geoff joined us to lead an assembly on the R.N.L.I SOS Day and water safety.

At Warren Primary Academy, we are proud to promote water safety among our pupils and their families. No child should drown, and with the right water safety education – such as knowledge of the Water Safety Code – accidental drowning are preventable.





# Safeguarding news



**An update from Mrs Ford, Designated Safeguarding Lead**

## What is the R.N.L.I?

The R.N.L.I is a charity that provides 24/7 lifesaving and search service around the U.K and Ireland. Their goal is to save and help anyone who may get into a crisis with any body of water. They are an emergency organisation that is independent of the government and coastguard. Volunteers make up most of the organisation and the operations of the lifeboats themselves, which consists of 223 R.N.L.I lifeboats. It's been almost 200 years of operations for the R.N.L.I and through their education programs and water safety work, they hope to inform and train anyone who is willing to join and help.

## What is the R.N.L.I SOS Day?

The R.N.L.I started in 1824 with the goal and philosophy to “provide our lifesaving service using volunteers wherever possible, with voluntary donations using the funds needed to do so.”

Their principle and purpose go back to being a charity and organisation that saves lives at sea.

Today, they continue to provide lifesaving boats and lifeguard services. They have also created an R.N.L.I college to be able to education and disseminate more information on water and costal safety. The R.N.L.I know that to be able to save more lives, they need to continue taking the initiative to partner with more organisations and communities. They ask for help of anyone who would be willing to help them with their cause, just by supporting, through non-monetary means and by publicising their ideas.

SOS Day is an annual celebration of the RNLI charity. The day is a chance to show support to the RNLI volunteer lifeboat crew and lifeguards, who risk their lives to save others at sea.

As part of SOS day, Warren Primary Academy chose to invite the charity into school to help lead in an assembly to educate our pupils on water safety.

## How can I support the R.N.L.I?

1. Volunteer





# Safeguarding news







An update from Mrs Ford, Designated Safeguarding Lead

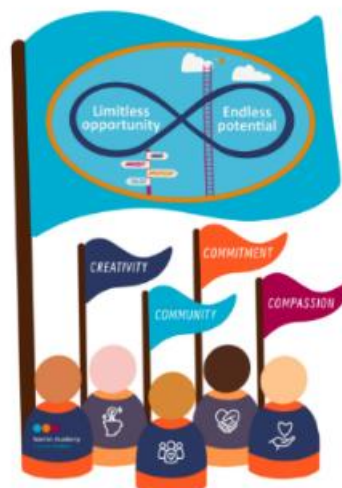
There are many R.N.L.I volunteering opportunities that can be a lifelong commitment of being a member or even very easy and convenient ways

## 2. Donate

Donations will go a long way and there are many means of doing so. Through their official website, you can choose to make a one-time donation or commit to a monthly donation. They also conduct other donations through online shopping on Amazon or even a once-off donation in memory of a loved one.






## Water Safety Code






 <p><b>Stop and think</b> – spot the dangers</p>	 <p><b>Stay together</b></p>	 <p>In an emergency: <b>Float</b></p>	 <p>Call <b>999 or 112</b></p>
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# Our lunch menus

Week 1					
Day	Main	Vegetarian	Dessert	Jacket Potato	Sandwiches
					
Mon	Cheese & Tomato Pizza with Potato Wedges and Baked Beans		Apple Muffins Fresh Fruit Bar	Choice of Beans, Cheese or Tuna Mayo	Cheese or Jam Sandwich  Served with Tortilla Chips
Tues	Mac N Cheese with Peas and Homemade Bread		Ice Lollies Fresh Fruit Bar		
Weds	Sausage, Mash and Baked Beans	Quorn Sausages, Mash and Baked Beans	Veggie Fruit Jelly Fresh Fruit Bar		
Thurs	Pasta Bolognese with Peas and Homemade Bread	Veggie Pasta Bolognese with Peas and Homemade Bread	Flapjack Fresh Fruit Bar		
Fri	Chicken Nuggets, Chips and Peas	Vegan Nuggets, Chips and Peas	Vanilla Ice Cream Fresh Fruit Bar		

Week 2					
Day	Main	Vegetarian	Dessert	Jacket Potato	Sandwiches
					
Mon	Cheese & Tomato Pizza with Potato Wedges and Baked Beans		Chocolate Muffins Fresh Fruit Bar	Choice of Beans, Cheese or Tuna Mayo	Cheese or Jam Sandwich  Served with Tortilla Chips
Tues	Sausage Pasta Bake with Peas	Tomato Pasta with Peas	Jam Sponge Fresh Fruit Bar		
Weds	Sausage Roll, Herby Diced Potatoes and Beans	Cheese, Pepper and Onion Roll with Herby Diced Potatoes and Beans	Homemade Shortbread Fresh Fruit Bar		
Thurs	All Day Breakfast	Veggie All Day Breakfast	Choc Ice Fresh Fruit Bar		
Fri	Hot Dog, Chips and Peas	Veggie Hot Dog, Chips and Peas	Vanilla Ice Cream Fresh Fruit Bar		

Week 3						
Day	Main	Vegetarian	Dessert	Jacket Potato	Sandwiches	
						
Mon	Cheese & Tomato Pizza with Potato Wedges and Baked Beans		Vanilla Ice Cream Fresh Fruit Bar	Choice of Beans, Cheese or Tuna	Cheese or Jam Sandwich Served with Tortilla Chips	
Tues	Chilli Con Carne with Rice	Veggie Chilli Con Carne with Rice	Oat Cookies Fresh Fruit Bar			
Weds	Baguette Day Baguettes with either Tuna Mayo, Ham or Cheese (veggie option)		Flapjack Fresh Fruit Bar			No sandwich option available
Thurs	Chicken Meatballs with Pasta	Tomato Pasta	Melon Fresh Fruit Bar			
Fri	Fish Fingers, Chips and Peas	Quorn Vegan Fishless Fingers, Chips and Peas	Iced Biscuit Fresh Fruit Bar		Cheese or Jam Sandwich Served with Tortilla Chips	



## Community News



### TOTSTIME FOLLOWED BY STAY AND PLAY SOUTHGLADE LIBRARY

**Every Wednesday 10am - 11am**

Come along to our lively and interactive Totstime and play session. With stories, songs, instruments and toys it's great fun for little ones and their carers.

For under 5's



@NottmLibraries

NOTTINGHAM  
CITY  
LIBRARIES



# Community News



Face to face



Visit



Phone



Group service

**KEY**



Online



Immediate help



Text



# Community News

## Targeted CAMHS

0 - 18yrs.

### Who is this for?

Children and young people with moderate emotional and/or mental health needs.

### What do they offer?

You'll be able to talk openly about the difficulties that you're experiencing, and explore choices for support. CAMHS will help determine what options may be helpful, discuss and plan together with you and your family. CAMHS offer a range of evidence based, therapeutic interventions. The service also provides SHARP which helps to raise awareness around self-harm and support to young people through secondary school clinics and one to one sessions.

### How can I access it?

For more information:

Phone: 0115 876 4000

Text: 0786 000 213

Email: [cypbehm@nottinghamcity.gov.uk](mailto:cypbehm@nottinghamcity.gov.uk)

Alternatively you can speak to a teacher at school and ask to access a CAMHS Time4me or SHARP drop in session at school

## CAMHS Crisis Resolution & Home Treatment

0 - 18 yrs.

### Who is this for?

Young people who are experiencing a mental health crisis such as those who are at risk of immediate and significant self-harm.

### What do they offer?

Provide intensive support, determined at the point of assessment and reviewed on a daily basis, until the crisis is resolved or more appropriate services are identified to meet the current needs within a maximum of up to 6 weeks. The service operates 8am to 10pm during the week and 10am to 6pm at the weekend.

### How can I access it?

For more information about the service and how to access please phone or visit the website.

Phone: 0115 854 2299 or 0115 844 0560

Website: [nottinghamshirehealthcare.nhs.uk/camhs-crisis-team](http://nottinghamshirehealthcare.nhs.uk/camhs-crisis-team)

## Base 51

12 - 25yrs.

### Who is this for?

Young people who want to access emotional health and wellbeing services, including counselling and crisis drop-in sessions.

### What do they offer?

1-1 Counselling sessions, crisis support and advice and guidance for a range of emotional health needs.

### How can I access it?

Young people do not need a referral to access this service. For further information please phone, email or drop in.

Phone: 0115 952 5040

Email: [counselling@base51.org.uk](mailto:counselling@base51.org.uk)

Drop in: NGY 29-31 Castle Gate, Nottingham NG1 7AR (Monday - Friday 9am - 8pm)

## Specialist CAMHS

0 - 18yrs.

### Who is this for?

Young people who are experiencing moderate to severe/ complex emotional and mental health difficulties.

### What do they offer?

In partnership with Targeted CAMHS, Specialist CAMHS will complete an initial assessment with you to determine what treatment options may be helpful. This could include group or 1-1 treatment, it can also include family and / or parent sessions.

### How can I access it?

For more information about the service and how to access please phone or visit the website.

Phone: 0115 876 4000

Email: [cypbehm@nottinghamcity.gov.uk](mailto:cypbehm@nottinghamcity.gov.uk)

## Kooth

10 - 25yrs

### Who is this for?

Young people who want to talk to a mental health professional online, anonymously and free. Alternatively you can access face to face sessions.

### What do they offer?

Drop in or bookable online text based counselling sessions along with messaging, discussion forums and self-help. Online counselling available 12pm - 10pm weekdays and 6pm-10pm weekends. Young people will also have access to message forums, articles and a range of self-help guidance. Face to face sessions are also available Monday to Friday 9am - 5pm.

### How can I access it?

Young people can register directly through [www.kooth.com](http://www.kooth.com) Once you are registered online you can access the face to face option by completing a form. Alternatively you can

Email: [contact@xenzone.com](mailto:contact@xenzone.com)

## Nottinghamshire Sexual Violence Support Services

13+

### Who is this for?

Young people aged 13 years and over who have experienced any form of sexual assault or abuse.

### What do they offer?

Free face-to-face counselling service provided by trained counsellors and offering a safe and non-judgemental environment in which to explore the impact of any form of sexual assault or abuse.

### How can I access it?

For more information about the service and how to access it please phone or visit the website.

Phone: 0115 941 0440

Website: [notssvs.org.uk/contact](http://notssvs.org.uk/contact)



# Community News

## SHARP (Self-Harm Awareness & Resource Project)

0 - 18 years

### Who is this for?

Children and young people with self-harm and/or suicidal thoughts and behaviours.

### What do they offer?

SHARP offers brief 1:1 interventions, clinics in secondary schools, workshops for young people to raise awareness, increase confidence and support with exam pressures, and training and consultations to support professionals to work with self-harm and suicidality.

### How can I access it?

For more information:

Phone: 0115 876 4000

Text: 0786 000 213

Email: [cypbehm@nottinghamcity.gov.uk](mailto:cypbehm@nottinghamcity.gov.uk)

Website: [eduserve.co.uk/additional-needs/sharp-self-harm-awareness-and-resource-project/about-sharp/](http://eduserve.co.uk/additional-needs/sharp-self-harm-awareness-and-resource-project/about-sharp/)

Alternatively you can speak to a teacher at school and ask to access a SHARP Clinic

## Local Services – Young adults

There are a range of services across Nottingham for young adults aged 18+ to support with mental health and emotional wellbeing. For more information about the service and how to access please visit the following websites:

**Crisis Resolution and Home Treatment**  
[nottinghamshirehealthcare.nhs.uk/crht](http://nottinghamshirehealthcare.nhs.uk/crht)

**Local Mental Health Teams**  
[nottinghamshirehealthcare.nhs.uk/local-mental-health-teams](http://nottinghamshirehealthcare.nhs.uk/local-mental-health-teams)

**Eating Disorders in Students Services (EDISS) – For Nottingham University and University of Nottingham students only**  
[firststepsed.co.uk/eating-disorders-in-student-services](http://firststepsed.co.uk/eating-disorders-in-student-services)

**Let's Talk – Wellbeing**  
[www.nottinghamshirehealthcare.nhs.uk/letstalkwellbeing](http://www.nottinghamshirehealthcare.nhs.uk/letstalkwellbeing)

**Insight Healthcare – Talking Therapies**  
[insighthealthcare.org/our-services/talking-therapies/find-a-service/nottingham](http://insighthealthcare.org/our-services/talking-therapies/find-a-service/nottingham)

**Trent PTS (Psychological Therapies Service)**  
[trentpts.co.uk](http://trentpts.co.uk)

**Wellness in Mind**  
[wellnessinmind.org](http://wellnessinmind.org)

**Nottingham Women's Centre**  
[nottinghamwomenscentre.com](http://nottinghamwomenscentre.com)

For more information about support groups in your local area please visit:

**Ask Lion (service directory)**  
[asklion.co.uk/kb5/nottingham/directory/home-page](http://asklion.co.uk/kb5/nottingham/directory/home-page)