

A message from our Head of School



The first term of our academic year has flown by and we are truly proud of the progress the children have made in such a short space of time – from setting into their classes with new teachers and a new environment, to taking part in new learning experiences and topics that have captured their interest! We still have lots more happening across school before we break up for the Christmas holidays. A list of what is on in school next week can be found below, and we look forward to seeing you there!

Tuesday 17th Dec	Open morning for Early Years – open for any families who are interested in their child starting in F2 from Sept 2025 EYFS and Key Stage 1 Nativity Performance (evening) – children to return to school at 5.30pm for a 6pm show
Weds 18th Dec	Stay and Play for any new F1 starters for January admission (morning) Y4 Learning Showcase – 1.30pm EYFS and Key Stage 1 Nativity Performance (afternoon) – 2pm
Thursday 19th Dec	EYFS Christmas Crafts with parents and carers – 9am KS2 Carol Concert at Emmanuel Church – 10.15am (please let us know if you can walk up with us!) KS1 Christmas Crafts with parents and carers – 2pm
Friday 20th Dec	EYFS visit to Nottingham Playhouse to see The Ugly Duckling – am KS2 Christmas Crafts with parents and carers – 9am Christmas Parties in class during the afternoon (no party clothes required) School closes at 2pm

Thank you for your continued support.

Mrs Salam



The team at Warren are fundamental to the success of our children and the experiences they have, and therefore recognising their hard work is important to us. The National Teaching Awards are open for new nominations for this year and there is an opportunity for parents and carers to make their own nominations for the 'Unsung Hero Award'. Judged by an expert panel including BBC One's The One Show's Alex Jones, this award shines a light on unsung heroes. From brilliant office staff, friendly caretakers or playground helpers to stand-out teachers this is the only award open to nominations from parents/carers and pupils.

We would love for you to nominate someone to share how your unsung hero has made a difference to your child or family. Bring can also tell everyone about the brilliant things your nomination has done to have an impact on the school community.

You can make you're your nomination here:
<https://www.teachingawards.com/parents-page-the-unsung-hero-award/>

A message from our Chair of Governors - Mrs Rogers

As we approach the end of term, myself and the governing body would like to thank all staff for their hard work and dedication to ensure that all children at Warren have limitless opportunities to reach their full potential. It is a whole team effort at Warren and we are very lucky to have a team of staff who have the wellbeing of our children at the heart of everything they do.

A special thank you to the PTA for putting on some lovely events this term for the children to enjoy.

Finally, thank you to all the parents, carers and families for your continued support of school. All that's left for me to say is Happy Holidays to all staff, children and families. I wish you all love, peace and joy at this time and may 2025 be a happy and healthy year for you all.



Attendance matters

A message from Mrs Neat – our attendance officer

Attendance is an area we are continuing to work on across the school for this academic year. We hope to continue to see the efforts that parents and carers are going to, to ensure that children are in school every day. Please continue to maintain this in the summer term, to ensure the best possible progress for your child at school.

If you need any help or support, please get in touch with us. We are here to help.

Weekly attendance target: 96%

Whole school attendance to date: 94.35%

Last week's overall attendance: 94.80%

F1: 83.30%

F2: 83.40%

Y1: 92.80%

Y2: 98.10%

Y3: 91.70%

Y4: 91.40%

Y5: 96.40%

Y6: 100%

This week's attendance: 92.81%

F1: 75.80%

F2: 87.00%

Y1: 89.40%

Y2: 97.40%

Y3: 90.30%

Y4: 97.30%

Y5: 92.10%

Y6: 93.60%

Attendance-opoly winners from this week:

1st place: Year 2 with 97.40 %– 2 sessions of extra break time

2nd place: Year 4 with 97.30% won 20 teamwork treasures

3rd Place: Year 6 with 93.60%



Attendance processes if your child is absent from school

- All parents and carers are expected to notify school if your child is unable to attend and give reason as to why they are absent.

If your child's attendance is above 90%

- If we do not receive communication from you, a text message will be sent to find out why your child is absent.
- If your child is well enough to attend in the afternoon, we encourage you to bring your child in, as they will receive an attendance mark for the afternoon session.
- We expect for you to continue to communicate with school on a daily basis if your child continues to be absent from school.
- If we do not receive communication from you, a house visit will be completed.

If your child's attendance is below 90% - persistently absent

- If we do not receive communication from you, school will phone you by 9.30am to find out why your child is absent.
- Medical evidence, if your child is absent from school as they are unwell, will be requested from you.
- If medical evidence is not provided to school for your child's absence, we will complete a house visit to discuss your child's absence with you.
- If 3 home visits are made in a term, school will need to consider whether a referral to social services is required due to educational neglect.

Lateness and unauthorised absence

- **There has been a significant increase in the number of children that are arriving late to school.**
- **All children should arrive at school by 8.50am.**
- **If your child arrives past 9.30am, their attendance for the morning session will be classed as unauthorised, and this will negatively impact their attendance.**
- **You can receive a fine from the local authority for continued lateness past 9.30am, as this is considered to be unauthorised absence from school.**

If you would like to discuss your child's attendance further, please speak to a member of our attendance team. We will provide support to families to ensure your child is able to attend school:

- **Mrs Neat** – Attendance officer
- **Mrs Salam** – Head of School
- **Mrs Ford** – DSL and Inclusion Leader
- **Mrs Curtis** – School Business Manager

Your child's class teacher will also be happy to discuss your child's attendance with you. **We are here to help you!**



Attendance matters

Statutory attendance updates for the DfE

From 19th August 2024, the Department for Education is implementing statutory guidance for school to implement in regards to attendance. A link to the guidance can be found here: [Working together to improve school attendance - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/consultations/working-together-to-improve-school-attendance)

The guidance includes information on the following:

Term Time Holidays

We understand the frustration of holidays increasing in price during school holiday times. However, the impact of taking holidays during the term has a significant impact on the child's achievement and academic progress. It also undermines the school's rich curriculum as key knowledge is missed on their learning journey. From the start of the next academic year, Warren Academy will issue penalty notices for unauthorised term time holidays where appropriate to do so. Please take this into account before booking holidays during term time next academic year - there are 175 non-school days during the year in which to take holidays. As a result of the change in statutory guidance, penalty notices are now more severe and monitoring is over a 3-year basis. Further information about costs of fines is detailed below.

Unauthorised Absences

Schools must consider all unauthorised absences for a penalty notice. The new threshold is 10 sessions of unauthorised absence in a rolling period of 10 school weeks. A school day is divided in to two registration sessions, AM and PM. If these registrations are missed for unauthorised reasons, it may lead to penalty. Unauthorised absence can be:

- An unauthorised holiday, as explained above
- Reason has not been established as to why the child is absent
- The school is not satisfied that the reason given is one that can be recorded as authorised
- Being late after registers have closed (30 minutes after the start of the school day)

Fines

Whilst there are many changes, one of the most significant changes are around the penalty notices issued for unauthorised attendance. These fines are per parent, per child and have been increased.

First Offence – The first time a Penalty Notice is issued the amount will be:

- £160 per parent, per child, paid within 28 days.
- Reduced to £80 per parent, per child, if paid within 21 days

Second Offence (within 3 rolling years) – The second time a Penalty Notice is issued the amount will be:

- £160 per parent per child paid within 28 days.

Third Offence and Any Further Offences (within 3 rolling years)

- The third time an offence is committed a Penalty Notice will not be issued and the case will be presented straight to the Magistrates Court.





Regular routines and how school can improve your child's mental health

A regular routine can be a powerful tool for reducing stress and anxiety.

Schools are equipped with resources and support systems to help young people develop coping strategies. If you notice your child is feeling overwhelmed, don't hesitate to reach out to their school. Together, you can create a plan to support their well-being within a structured learning environment.

Remember, your child's mental health is just as important as their physical health.

#mentalhealth #routine #schoolsupport

Attendance matters



Schools can support you when you need it

A regular routine can be a powerful tool for reducing stress and anxiety.

Schools are equipped with resources and support systems to help young people develop coping strategies. If you notice your child is feeling overwhelmed, don't hesitate to reach out to their school. Together, you can create a plan to support their well-being within a structured learning environment.

Remember, your child's mental health is just as important as their physical health.

#mentalhealth #routine #schoolsupport





Our 10 days of Christmas attendance challenge continues next week!



The 10 Days of Christmas Attendance Challenge!

Every pupil who has attendance over 96% for the next 10 school days (9th-20th December) will go into a Christmas prize draw to win a Christmas Hamper full of prizes!

Please encourage your child/children to take part in the challenge. School attendance has such a huge impact on a pupil's social and mental welfare, as well as academic achievements.

We want to ensure we are working with you to enable each child to attend school every day.
Thank you



Winners of the hampers will be shared in our celebration assembly next Friday!



Other information this week...

Key dates

Autumn 1	
Date	Event
17.12.24	EYFS and KS1 Nativity Evening Performance – 6pm
18.12.24	EYFS and KS1 Nativity Afternoon Performance - 2pm
19.12.24	Y4 Learning Showcase – 1.30pm KS2 Carol Concert at Emmanuel Church – 10.15am
19.12.24	EYFS Christmas Crafts – 9am KS1 Christmas Crafts – 2pm
20.12.24	KS2 Christmas Crafts with parents and carers – 9am EYFS visit to Nottingham Playhouse to see The Ugly Duckling (am) with morning children staying for lunch Christmas parties with party food lunch
20.12.24	Last day of term – finish at 2pm
Christmas Holidays Return to school on Tuesday 7 th January	

Achievements this week!

Well done to the following children who have been given a certificate in our celebration assembly today!

F1: Riley for his progress in counting & Joshua for his smile and positive attitude.

F2: Ayvah for her retelling of the Christmas story & Ethan for his confidence during nativity practice!

Y1: Cohen for being so brave when he had a little fall & Remi-mai for trying hard with her writing.

Y2: Charlie for working really hard in Phonics/Handwriting & Alfie for brilliant acting in the Nativity performances.

Y3: I'arla for being a ray of sunshine everyday & Shanay for super ideas and work in English.

Y4: Efe for always listening attentively and asking great questions in Science & Ella for being a great role model for others.

Y5: Ellie-Mae for always being her best self and helping others & Lokuthula for trying her best and putting 100% effort into work independently.

Y6: Gracie for asking great questions and having a strong growth mindset in improving her understanding in Maths & History & Beteal for making a strong effort to be the best with great body language and learning behaviours.

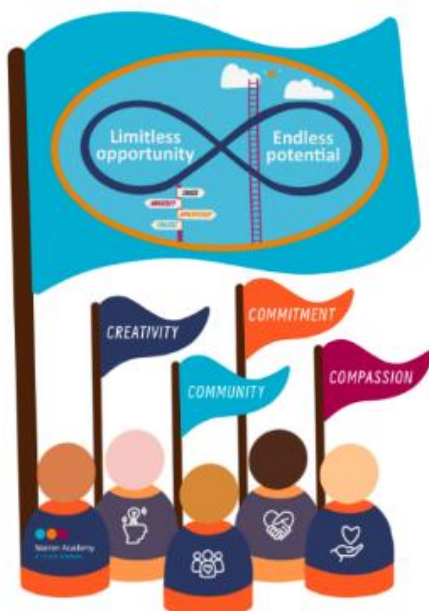
Best Seats in the House:



Mrs Salam chose:

Freddie in Y6 for being so compassionate to others and always being a role model around school.

Eldana in Y2 for also being kind and caring to others, displaying positive behaviour and setting the example to all.





Curriculum news

Learning across our year groups this week



This week in F1 we are looking at Christmas, here on our investigation table we are working on our executive function skills of perseverance and resilience, working out how to melt the ice. What great team working skills too! Well done Zion and



This week in F2 we have been enjoying our outdoor learning in the Christmas cafe! We made hot chocolate practising our scooping and pouring skills! We invented our own Christmas drinks using marshmallows, cream and different spices.



In Year 1 this week, we became meteorologists presenting the weather. We used the widgets to help us remember our forecast and then recorded it on the iPad!



This week, Year 2 have been learning how to create a timeline by ordering the events of the Great Fire of London.



Year 3 have been busy learning about the Indus Valley Civilization in history and geography. We explored different elements of the city, and had a go at creating our own seals to trade, and tried to re-build the city out of Lego to understand its key features.



In year 4 in Science, we have been looking at food chains and how animals' different type of teeth link to their diets.



This week, Year 5 we're lucky enough to spend time in an inflatable planetarium! We looked at different star constellations and also learnt the story of the Great Bear (Ursa Major).



This week, Class 6 combined all their Cricket skills from previous lessons in order to learn the fundamentals of playing a match.



Curriculum news

Learning in the Burrow this week



This week in The Burrow, the children have been very busy and festive. They have been decorating gingerbread trees and making reindeer food for Santa's' reindeer.



They have also been practicing fine motor skills by doing threading activities and practicing maths by ordering numbers up to 20



Curriculum News

Enrichment around school



Year 1 visited Rise Park café last week as a reward for working on their attendance. The children were challenged to improve their attendance to reach at least 92% by coming to school on time every day! They improved their overall attendance last week by 6%.





Curriculum News

Enrichment around school



Year 4 visited Rushcliffe Country Park to take part in a workshop day about the Romans!

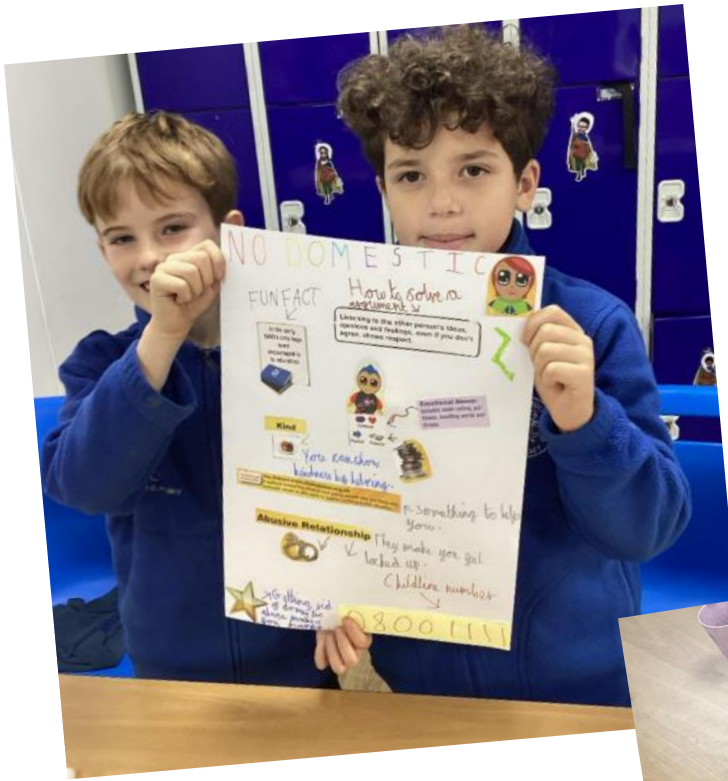




Curriculum News

Enrichment around school

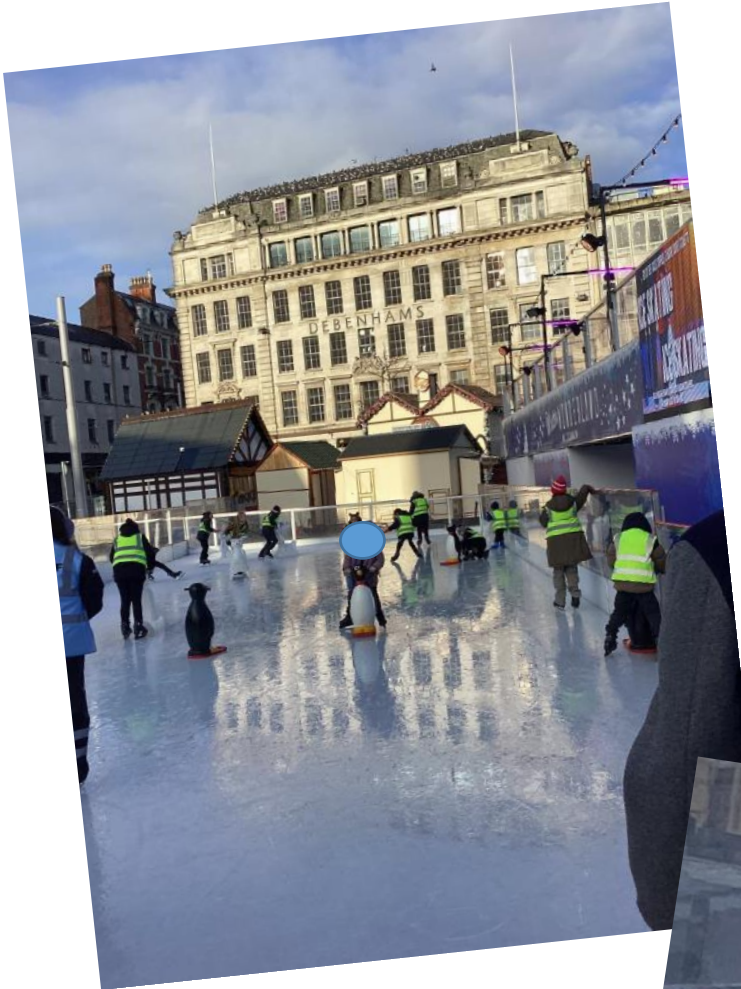
Year 5 completed their final session with The Great Project last week. They have had 4 sessions with the charity learning about healthy and positive relationships.





Curriculum News

Enrichment around school



Children in Year 3 and Year 4 had the opportunity to go ice skating at Winter Wonderland Nottingham on Monday! They had the rink to themselves to practice their ice skating skills!



Curriculum News

Enrichment around school



Children in Year 5 and Year 6 had the opportunity to visit the Nottingham Arts Theatre last week to see a production of 'Cinderella'. Jason and Julia also had the chance to sing on stage with Buttons!





Curriculum News

Enrichment around school

Children in KS2 had their final session with the Chance to Shine Cricket Programme this week. The children have completed 6 weeks of cricket sessions with a professional coach and have learnt many new cricket skills!





Safeguarding news



An update from Mrs Ford, Designated Safeguarding Lead

The holidays aren't easy for everyone and as a school we know many families and their children can miss the routine and support that school provides. In this newsletter, we have included some support agencies that are available to help over the holidays.

Free Fun and Food Programme

The Free Fun and Food programme also called the Holiday Activities and Food Programme (HAF) supports the wellbeing of children between 5 and 16 years of age, by providing a variety of activities and food during school holidays. HAF offer this to families in receipt of benefit-related free school meals during the Spring (Easter), Summer, Autumn (October) and Winter (Christmas) holidays across the city.

For more information and details on how to apply see: <http://www.asklion.co.uk/funandfood>

Warm, Welcoming Spaces

'Warm Welcome' spaces are free public places that anyone can use – for example a community space like a library. They're warm, welcoming and safe. Each space is different, but they may offer things like:

- Hot food and drink
- Activities and the chance to learn new things
- A place to meet people in your community
- Access to the internet

St Albans Community Kitchen

Tuesdays 3pm – 6pm

Free hot meal, tea and coffee. Crafts for children and table top games for adults.

Southglade Park Library

Mon, Wed & Thursdays: 9am – 6pm

Fri & Saturdays: 9am – 1pm

Free Wifi and computer access. Child friendly space.

Bulwell United Reformed Church

Wednesdays 10am – 1pm

A warm welcoming space alongside an established craft and chat group. All are welcomes to join in the activities. A lunch of soup is also provided.

Nottingham Women's Centre, NG1 5LP

Weekdays (Mon – Fri) 9am – 5pm

A free, women only, community space with hot drinks, a kitchen, library, shower, laundry facilities, activities and more. Children welcome.



Safeguarding news

An update from Mrs Ford, Designated Safeguarding Lead



 You're not alone this
CHRISTMAS

 03444 775 774 www.anxietyuk.org.uk	 116 123 www.samaritans.org	 0300 123 3393 www.mind.org.uk
 0800 068 41 41 www.papyrus-uk.org	 0800 1111 www.childline.org.uk	 0808 2000 247 www.refuge.org.uk
 TEXT YM to 85258 www.youngminds.org.uk	 0300 330 0630 www.switchboard.lgbt	 here for you 24/7 TEXT SHOUT to 85258 www.giveusashout.org
 0800 58 58 58 www.thecalmzone.net	 0808 801 0677 www.beateatingdisorders.org.uk	 0800 9177 650 www.alcoholics-anonymous.org.uk

Other support organisations are available
Please don't suffer in silence

We wish you all a safe and happy time away from school and look forward to seeing you back at school on Tuesday 7th January.



Our lunch menus

Week 1					
Day	Main	Vegetarian	Dessert	Jacket Potato	Sandwiches
Mon	Cheese & Tomato Pizza with Potato Wedges and Baked Beans		Apple Muffins Fresh Fruit Bar	Choice of Beans, Cheese or Tuna Mayo	Cheese or Jam Sandwich Served with Tortilla Chips
Tues	Mac N Cheese with Peas and Homemade Bread		Ice Lollies Fresh Fruit Bar		
Weds	Sausage, Mash and Baked Beans	Quorn Sausages, Mash and Baked Beans	Veggie Fruit Jelly Fresh Fruit Bar		
Thurs	Pasta Bolognaise with Peas and Homemade Bread	Veggie Pasta Bolognaise with Peas and Homemade Bread	Flapjack Fresh Fruit Bar		
Fri	Chicken Nuggets, Chips and Peas	Vegan Nuggets, Chips and Peas	Vanilla Ice Cream Fresh Fruit Bar		

Week 2					
Day	Main	Vegetarian	Dessert	Jacket Potato	Sandwiches
Mon	Cheese & Tomato Pizza with Potato Wedges and Baked Beans		Chocolate Muffins Fresh Fruit Bar	Choice of Beans, Cheese or Tuna Mayo	Cheese or Jam Sandwich Served with Tortilla Chips
Tues	Sausage Pasta Bake with Peas	Tomato Pasta with Peas	Jam Sponge Fresh Fruit Bar		
Weds	Sausage Roll, Herby Diced Potatoes and Beans	Cheese, Pepper and Onion Roll with Herby Diced Potatoes and Beans	Homemade Shortbread Fresh Fruit Bar		
Thurs	All Day Breakfast	Veggie All Day Breakfast	Choc Ice Fresh Fruit Bar		
Fri	Hot Dog, Chips and Peas	Veggie Hot Dog, Chips and Peas	Vanilla Ice Cream Fresh Fruit Bar		

Week 3						
Day	Main	Vegetarian	Dessert	Jacket Potato	Sandwiches	
Mon	Cheese & Tomato Pizza with Potato Wedges and Baked Beans		Vanilla Ice Cream Fresh Fruit Bar	Choice of Beans, Cheese or Tuna	Cheese or Jam Sandwich Served with Tortilla Chips	
Tues	Chilli Con Carne with Rice	Veggie Chilli Con Carne with Rice	Oat Cookies Fresh Fruit Bar			
Weds	Baguette Day Baguettes with either Tuna Mayo, Ham or Cheese (veggie option)		Flapjack Fresh Fruit Bar			No sandwich option available
Thurs	Chicken Meatballs with Pasta	Tomato Pasta	Melon Fresh Fruit Bar			
Fri	Fish Fingers, Chips and Peas	Quorn Vegan Fishless Fingers, Chips and Peas	Iced Biscuit Fresh Fruit Bar		Cheese or Jam Sandwich Served with Tortilla Chips	



Community news

When you sneakily record your child's Christmas play...

...it is likely a child in that school is at risk of abuse, or has been removed from a dangerous and chaotic life and has been placed into foster care or with adoptive parents.

If we then publicly post a picture or video with the child in the background... a friend shares it, the abusers see it, and they then know the child's school.

Potentially, this child then has to pack up their belongings, move to a new home, new school, new carers, new life. All to protect them from dangerous people in their lives coming after them. All because we needed to share it online.

Please, just follow school policy. They don't tell you not to record because they are miserable. They tell you this to protect vulnerable children.



Community news

WARREN ACADEMY

TUESDAY
17TH
DECEMBER
9.30-12PM

Warren Academy
A L.E.A.D. Academy

Book onto the tour here:

Visit us on Tuesday 17th December between 9.30am-12pm to see what it is like here at Warren, ahead of your child starting school in September 2025! There will be a tour of school, an opportunity to meet our team and pupils and ask any questions you may have.

Lots of outdoor space

Wrap around care from Sept 2025

Reaping for Pleasure school 2023-24

Follow us on Instagram: @warrenprimaryacademy

Follow us on X: @warrenleadacad



Community news



Keeping well this winter

An information leaflet from your Children's Public Health 0-19 Nursing Service, December 2024

Vaccinations protect your children and family!

One of the main ways that you and your family can stay well over the winter months is by making sure you are protected from illness.

This winter, the NHS is rolling out a new vaccination for respiratory syncytial virus, also known as RSV. If you are 28 weeks pregnant or over, speak to your GP or maternity team about this vaccine to help protect your baby.

Your GP will be delivering flu vaccines to children who are aged two and three or children aged two to 17 with certain long-term health conditions. All other eligible children will be able to get a flu vaccination through the school immunization team.

COVID-19 and flu vaccines will be available to book via the NHS website from 23 September. Visit the NHS website to find out who is eligible.

[Website](#)

It's not too late for your child to catch up on their MMR vaccination. The MMR vaccine is recommended for all babies and young children, but older children and adults can have it if they were not vaccinated when they were younger. Two doses give life-long protection. Speak to a GP to arrange an appointment if you think you or your child needs to catch up. Find out more about vaccine eligibility and how to book below.

[Website](#)



Holiday Activities ?

To find out about activities in your area over the Christmas holidays go to Ask Lion:

[website](#)



Community news

Better Health Let's do this



Getting ready for a new year and a new you?

Kickstart your health! Healthy changes start with little changes. Whether you want to lose weight, get active or quit smoking, Better Health has lots of free tools and support.

[Website](#)

Better Health every mind matters

Improve your mental health with the NHS Mind Plan

Answer 5 questions about how you've been feeling over the past 2 weeks. You'll get a plan created just for you with suggestions and advice to help you feel better.

Find out more here:

[Website](#)

Time for your family to start thriving!

Try a new FREE health and wellbeing programme here to help children and families to feel great.

We offer 8-17-year-olds a chance to enjoy moving more with regular local activity sessions including team sports, multi-sports and more.



While kids are having fun, you'll get tips and advice from a trained health expert to help you improve your family's health and wellbeing.

Scan the QR code to find your nearest group and sign up today!

Thriving Nottingham offers a wide range of health and wellbeing programmes to support locals to lose weight, move more, stop smoking and more.

www.thrivingnottingham.org.uk
hello@thrivingnottingham.org.uk
 0115 648 5724



thriving
NOTTINGHAM

If you feel that you need some **mental health support**, there are lots of websites and services that can help. **You are NottAlone!**

NottAlone is here!

Are you worried about your own, or someone else's mental health?

Want to find trusted information, advice and local services that can help?

This website has local mental health advice and help for people in Nottingham and Nottinghamshire, all in one place.

[NottAlone](#)

Worried about your child's mental health?

Do you know about the YoungMinds Parent Helpline and Webchat service?

If you have a child aged 25 and below, you can contact the Young Minds parent's helpline, email or webchat service to discuss your concerns about your child's mental health with one of their trained advisors.

You can call the Parents Helpline on 0808 802 5544
 Mon - Fri / 9:30am - 4:00pm

For webchat or email click here:

[Web page](#)

Click here for their parent's guide to looking after yourself while helping your child

[Web page](#)

Helping you and your family feel this winter - December 2024 - page 2



Community news

Coming soon... height and weight checks for children in Reception and Year 6



Every year the height and weight of Reception and Year 6 children is measured in all schools in England. This is called the National Child Measurement Programme (NCMP). It is important to know how children are growing so that we can provide the best support.

This will take place in Nottingham primary schools in February and March 2025.

If you have a child in either of these years, we will write to you before your child is measured.

[Click here to watch a video about the NCMP](#)

[NHS - easy ways to eat well and move more](#)

Children's Health and Wellbeing

NHS organisations in Nottingham and Nottinghamshire have created some web pages which offer you helpful advice about common conditions in babies and children and the symptoms to look out for.

They hope this information will help you decide when you can treat your child at home, when you need to seek medical help and which service to choose.



[Website](#)

Safety advice

buying safe toys for your children this Christmas

The Child Accident Prevention Trust has information about all aspects of keeping your child and family safe this winter.



[Website](#)

The information is available in:

- Albanian
- Amharic
- Arabic
- Bengali
- Bulgarian
- Cantonese
- Dari
- Mandarin
- Farsi
- Polish
- Romanian
- Somali
- Tigrinya
- Turkish
- Ukrainian
- Urdu

[Click here for information about 8 dangerous gifts to avoid this Christmas.](#)

[Website](#)

Nottingham Early Help Partnership, the right help at the right time

Nottingham Early Help Partnership's vision is for every child to enjoy their childhood in a warm and supportive environment, free from poverty and safe from harm, where every child grows up to achieve their full potential.

The website has lots of lots of information about local support for families in Nottingham.



[Website](#)

Need some advice or support?

Healthier Together

is a website developed with the Royal College of Paediatrics and Child Health and has lots of helpful information for parents, from pregnancy health to all aspects of your child's health.



[Website](#)



Community news

Remember your Children's Public Health 0-19 Nursing Service is there for you during the school holidays as well as term time

I am worried about my child's development.

I'm here to help. Whatever is worrying you, let's talk it through.

We are a confidential text service for parents and caregivers that you can talk to about:

- Healthy lifestyles, including healthy nutrition and exercise
- Day and night time wetting
- Constipation
- Sleep behaviour
- Emotional health
- Healthy relationships and sexual health

Text a Public Health Nurse on

07480 635002

We might inform someone if we were concerned about your safety but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Text will only be seen between 8am and 5pm. If you need help before you hear back from us contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some "number masking" mobile apps).

To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates. For more information on how we use your information please visit www.nottinghamcitycare.nhs.uk/what-holds-our-governance-yes-and-your-information



You can now call our **Children's Health Advice Hub** and speak to a nurse about your child's health and development. **0300 300 0040** (Mon-Fri, 8.30am to 5pm)

You can ring this number for health advice for your baby and child (up to the age of 19). You can also ring this number to cancel appointments and ask for them to be rearranged, to book clinic appointments and book to attend our feeding support groups.



For urgent healthcare needs please ring 111.



Use 111

If you need urgent medical help. Call, go online or use the NHS App.



If you would like more information about our service, please go to our website