

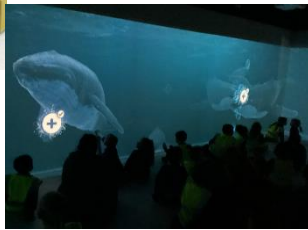


## A message from our Headteachers

### Reading for Pleasure updates

F2 and Year 1 had a very exciting visit to the brand new Nottingham Central library on Wednesday this week. The new library is located in the Broadmarsh development and the children travelled by bus to have a sneak preview of the library ahead of its official opening next week.

The children took part in a vote for the Nottingham Children's Book Award, experience the multi-sensory immersive room with virtual whales and experience different seasons, and read lots of brand new books with each other. The children's behaviour was exemplary on the visit and we are very proud of them all for representing Warren so brilliantly!



We have also set up a new parent and carers book swap in the front office this week. The shelves are full of books to help parents at home with homework, craft ideas and cooking ideas with lots of recipe books available. We have also had new children's books donated from Read On Nottingham, which are also available for borrow to read with your child at home. We look forward to seeing parents and carers using this community resource.

The reading team have also been busy setting up picture book recommendations in classroom book corners. Your child can bring one of these home and read it to a sibling at home – we would love for you to take a photo of this and send it in to us so we can see how much the children are enjoying reading at home!

Thank you for your continued support,

Mrs Salam and Mr Middleton

### Attendance

Our attendance target this year: **96%**.

It is **so** important your child is coming to school every day to reach this target. Our whole school attendance for this week is 90.63%.

If your child is absent from school, **we ask that you communicate every day with school to share reasons why your child is absent from school.**

Here is this week's attendance:

F1: 93.5%

F2: 86.7%

Y1: 89.6%

Y2: 82.7%

Y3: 93.5%

Y4: 89.9%

Y5: 92%

Y6: 95%

Well done to Year 6 who have the highest attendance this week!

### Attendance update



You may have noticed a new attendance board in the playground! This board is to inform parents and carers of weekly attendance for each class.

**96% and above**

**96-91%**

**90% and below**

A reminder that at the end of this half term, we will be completing our prize draw for the following prizes:

- **Attendance over 97% - voucher for both parent (£200) and child (£100)**
- **Most improved attendance this term – voucher for child worth £100**

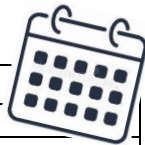
#### Attendance-opoly prizes for this week!

**1<sup>st</sup> place** – Y6 who have won 15 Teamwork Treasures

**2<sup>nd</sup> place** – Y3 who have won a Class Party!



## Key dates



Autumn 2	
Date	Event
28.11.23	New F1 starters Stay and Play session – 1pm
29.11.23	Year 3 Stone Age Trip to Brackenhurst
30.11.23	EYFS Birthday Party Celebration Day
5.12.23	Christmas in the City choir event
5.12.23	Drama Club visit to Nottingham Playhouse for Pantomime (7pm)
7.12.23	Christmas Fayre from 2.30pm
12.12.23	Whole School Pantomime visit
13.12.23	EYFS & KS1 Nativity – afternoon performance
14.12.23	Christmas Jumper Day Christmas Dinner Day
14.12.23	EYFS & KS1 Nativity – evening performance
18.12.23	KS2 Carol Concert at Emmanuel Church – 10am
18.12.23	EYFS & KS1 Christmas Crafts with parents and carers – 2pm
19.12.23	KS2 Christmas Crafts with parents and carers – 9am
19.12.23	End of the term – finish at 2pm
20.12.23	Warren Inset Day

## Achievements this week!



Well done to the following children who have been given a certificate in our celebration assembly today!

- F1:** Ethan for always being ready to learn & Olaf for creativity in art.
- F2:** Kye for his effort in showing good learning behaviour & Kalani for growing in confidence.
- Y1:** Charlie for reading at home last week & Kimberley for challenging herself to add more detail to her writing.
- Y2:** Alan for his outstanding attitude to his Maths learning & Jeffrey for showing maturity and a determined attitude to all of his learning.
- Y3:** Ella-Rose for having an amazing attitude to learning & Theodore for super work in Maths and showing his working out.
- Y4:** Ibrahim for showing a great attitude to learning, becoming a great role model & Mia for outstanding effort in the sponsorship P.E. lesson with Emily Lewis.
- Y5:** Love for an outstanding attitude for learning all week & Oliver for showing curiosity and being ambitious in learning.
- Y6:** Blake & Maisie for an excellent attitude towards a challenging Maths lesson.

## Career of the week

This section of the newsletter is where we will be sharing information about a job or career, which you can then share with your child, to inspire or interest them in different career options!

### This week's career is: A Food Scientist

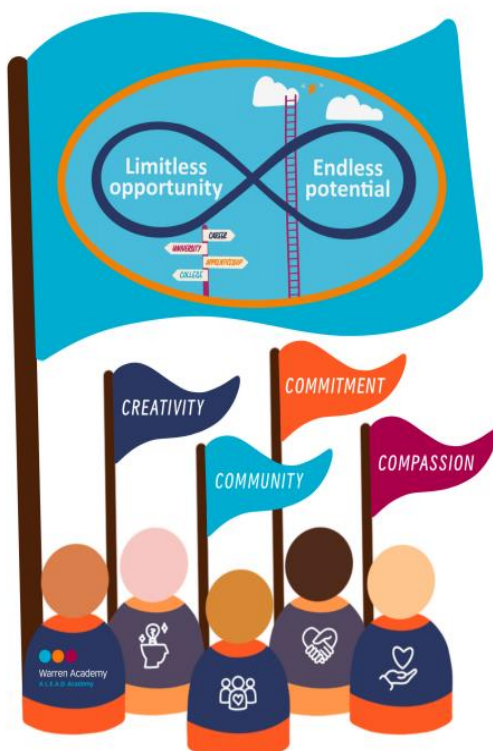
A Food Scientist develops food and drink products, and makes sure they are safe to eat and drink, as well as ensuring they taste good. This is becoming a more popular job and is due to increase by 3% by 2025!

Skills that are useful if you were interested in a career like this are: **Investigating skills, knowledge of science (particularly chemistry) and enjoying finding ways to save money.**

**Routes into the industry:** You will need to study for at university, complete an apprenticeship or complete on the job training for a food manufacturer.

More information can be found here:

<https://nationalcareers.service.gov.uk/job-profiles/foodscientist>





## What we've been up to this week!

- F2 and Year 1 visited the New Central Library in the city centre for a sneak preview before its official opening next week!
- F1 have continued learning how to ride balance bikes in their Bikeability lessons with Mrs Ford.
- The Burrow children are becoming more confident in the water on their visits to Ken Martin Leisure Centre for swimming lessons.
- Olympic Athlete Emily Lewis visited school to talk to the children about what it has taken for her to get to the Olympics and compete in her sport of Canoeing. The children also took part in a fundraiser fitness circuit to raise money for the Sports for Schools charity! If your child has been sponsored at home to take part in this event, please bring the money back to school, along with your child's form, **by Wednesday.**
- Year 2 and Year 3 visited Bonington Theatre for the Into Film Festival – they watched the Minions movie!
- Year 4 visited Cineworld in Nottingham City Centre for the Into Film Festival – they watched Road Rally Racers.



## Start of the school day

A polite reminder that the school gates close at 8.50am daily and this is the start of the school day. Children should be arriving before this time in order to be feel organised and ready for their day to begin.

We may ask you to say goodbye to your child at the gates if you arrive at 8.50am or after. This is to ensure we are able to close the gates promptly for the day to start and make sure the school grounds are safe.

Thank you for your support with this.



## Warren Christmas Fayre

We are looking forward to welcoming parents and carers to our annual Christmas Fayre on Thursday 7<sup>th</sup> December.

We are holding a Christmas Bake Off competition on this day, where a prize for 1<sup>st</sup> and 2<sup>nd</sup> place will be award to the best Christmas themed cake.

All cakes then will be sold at the Christmas Fayre to raise money for school.

If you would like to create a bake to enter the competition, please bring it into school on the morning of Thursday 7<sup>th</sup> and our Warren judging panel will be able to announce the winner on Friday 8<sup>th</sup> December!

The PTFA are looking for volunteers to help on the day and also still have stalls still available for hire at £10 each – please contact the PTFA if you are able to help out or would like a stall. They are also asking for donations of clean teddy bears please.



## Week 2 lunch menu

Day	Main	Vegetarian	Dessert	Jacket Potato
Monday	Macaroni Cheese	Roasted Tomato and Basil Pasta	Strawberry Mousse	Baked Beans & Grated Cheese
Tuesday	Sausage Roll	Quorn Sausages	Bananas & Custard	Tuna Mayo
Wednesday	Chicken Curry	Quorn Curry	Mandarin Jelly	Baked Beans & Grated Cheese
Thursday	Beef Stew	Autumn Vegetable Stew	Sticky Toffee Pudding	Grated Cheese & Bacon
Friday	Salmon Fishcake in a Bun	Quorn Vegan Fishless Fingers	Eton Mess	Coleslaw

If your child is having a packed lunch, please ensure you are making healthy choices for your child to eat. Below shows the 'Eat Well Guide' which is what is recommended to be eaten on a daily basis to maintain a healthy diet. We have also included some healthy lunchbox ideas. More information can also be found at:

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

# Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:

### 1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

**Choose ONE EVERY DAY from:**

- ✓ Bread, rolls, bagels, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes

*Choose wholegrain*

*Use a thermos flask to keep pasta warm*

*Get kids involved in the choosing/mealbox*

### 2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

**Choose TWO EVERY DAY from:**

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup

*Add salad to your sandwiches*

*Use a thermos flask for delicious soups*

### 3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

**Choose ONE EVERY DAY from:**

- ✓ Milk
- ✓ Cheese - hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard

*Choose low sugar dairy products*

*Reduce sugar: choose plain yoghurt and have fruit on the side*

### 4 Protein Foods

for growth and repair

Pack a protein punch!

**Choose ONE EVERY DAY from:**

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans

*Keep processed meat to a minimum*

*Choose oily fish like salmon once every 3 weeks*

### 5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk - or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie

*Milk, water or 150ml juice*

**Occasionally!**

Meat products such as sausage rolls, pies, sausages

Plain cakes/sponges and biscuits of appropriate portion sizes

*Plain cakes occasionally*

For more healthy packed lunch ideas and recipes visit [www.phunkyfoods.co.uk/recipes](http://www.phunkyfoods.co.uk/recipes)





Omegle is a website that pairs random strangers for live text or video chats. It first launched in 2009 and its slogan is "Talk to strangers!" There is an option for adult (18+) content and a section for people aged 13+ with parental permission. Anyone can use the site. Users simply go to Omegle.com and then choose 'Text' or 'Video' chat and the page states how many users are currently online. Depending on the time of day this can be hundreds of thousands. Omegle markets itself as a great way to meet new friends however has been known to feature pornography and inappropriate content within chats, so it's important parents are aware of the risks associated with the site.



## What parents need to know about

# OMEGLE



### NO AGE VERIFICATION MEASURES

Omegle is completely free to use and allows users to communicate with others without the need to register, supply an email address or create a profile. This means users can remain anonymous and it's hard to track who your children are talking to. Furthermore, there are no age verification measures and other than agreeing to the terms and conditions, your child can easily start online engagement with strangers and potentially access more adult themed content.



### RISK OF CYBERBULLYING

The anonymity of Omegle can increase the risk of cyberbullying on the site. Engaging in chat with strangers means that topics of conversation can lead almost anywhere including discussions about looks, body image or the sharing of other personal information. With the availability of video chat as well, this could lead to children being coerced or forced into carrying out activities online which could then be used against them.



### UNMODERATED CHAT

Omegle encourages video chat as much as it can, prompting users during their text chat to activate their web cam. Whilst text chat has a degree of moderation, the content in Omegle's video chat rooms is not moderated by administrators and, at any time of the day, there can be thousands of users online. This means that your child could easily come across illegal, unacceptable or inappropriate images or media. Omegle currently offers no function for reporting online abuse or inappropriate behaviour on its site and instead only offers advice to please be careful. It also advises to 'Use Omegle at your own peril. Disconnect if anyone makes you feel uncomfortable.'

### PRIVACY RISK VIA FACEBOOK

Omegle can be linked to a user's Facebook account to match their interests and likes with other users. This means that Omegle can access your child's basic Facebook information, and Facebook friends may potentially view Omegle activity. In addition, users can save the chat log and share the link without the other user's knowledge. It is not uncommon then for users to request being added to Snapchat, Instagram or WhatsApp for further interaction, moving the conversation into a more personal setting.



### RISK OF EXPLOITATION

Omegle chat picks another user at random and there is very little way of verifying who your child may be chatting to. This can lead to a number of risks including catfishing (users pretending to be of similar age), identity theft (users eliciting information to commit fraud) and sexual/psychological grooming (users coaxing others to act in a way or do something they wouldn't normally do).



### ADULT THEMED CONTENT

Unfortunately, Omegle is infamous for its pornographic content and it is not uncommon for users to expose themselves or engage in sexual acts. If a user selects video chat, then the other user's webcam will automatically be switched on before the action to 'end chat' can be selected. There is also no 'preview' in smaller thumbnail windows. As video chat is so easy to access, it means that unintentionally viewing more mature, inappropriate or even illegal images can't always be avoided.



## Safety Tips For Parents



### DISCUSS RISKS WITH YOUR CHILD

It is important to speak to your child about the dangers of Omegle. Guiding and educating young children is far more useful than ignoring the possibility of Omegle being accessed. Explain to your child that Omegle is not completely anonymous and that other users will and do use Omegle to exploit others. Try to emphasise the risk of speaking to strangers and that engaging online is no different to engaging offline.



### PROTECT PERSONAL INFORMATION

Omegle does not provide advice about how to protect your personal information so it's important that children are aware of what they should and shouldn't share online and with whom. If they use Omegle, always advise against sharing any personal information such as their real name, age, phone number, address or any other personal identifiable information. This also includes details of their social media accounts or gaming ID's. You should also adjust your child's Facebook settings to control what information is shared with Omegle.



### REPORT CONCERNS

If your child comes across any inappropriate content or something which upsets them on Omegle, then it's important that they are able to discuss it with you and that you provide them with the support they need. If you think the content is illegal, then it must be reported to the police.



### DISCOURAGE VIDEO CHAT

Try to discourage your child from using video chat on Omegle. Not only is there no filters or moderation in place, but children may be coerced into sharing intimate images or videos of themselves, which is illegal if they are under 18 and may be used against them. Omegle text chat has a degree of moderation controlled by Omegle through software and several actual moderators. The software moderates, identifies and prevents certain words and sequences of words to try and prevent bullying and grooming however is still not a 100% failure.



### TRY OMEGLE YOURSELF

It's always an excellent idea to get a feel for the website or app your child is using so that you can see and understand the issues and risks for yourself. More importantly, it will also provide you with first-hand experience of the risks and dangers (if then you decide to speak to your child about Omegle and what they need to be aware of).



### USE PARENTAL CONTROLS

Omegle is a website chat service. Children can only access the text chat on their phone and would need access to a PC or laptop to engage in video chat. If you have genuine concerns over Omegle and don't wish your child to access the site, you can add [www.omegle.com](http://www.omegle.com) to the list of banned websites and URLs. However, it's important to remember that Omegle can still be used via a web browser on an iPad, tablet, smart TV or gaming device and similar controls would need to be implemented on each of these devices separately.



### Meet our expert

Jonathan Taylor is an online safety expert and former covert internet investigator for the Metropolitan Police. He is a specialist in online grooming and exploitation and has worked extensively with both UK and international schools in delivering training and guidance around the latest online dangers, social media apps and platforms.



SOURCE: <http://www.omegle.com>

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