



## A message from our Headteachers

Welcome back to the start of the Autumn 2 term!

We have been celebrating UK Parliament week in school this week. We learnt more about the British Value 'Democracy' in assembly on Monday, and about different political parties in the UK work within Parliament. We re-enacted our own political vote to understand how this works too!

On Friday, we welcomed MP Tom Randall - MP for Gedling - into school. Tom shared how he became an MP and decided upon this career choice. We then shared our views with Tom about change Warren pupils would like to see in and around our local area, including:

- Wanting to address the growing cost of food and electricity bills
- Wanting to have more police presence in the area to stop vandalism
- For open, green spaces in the local area to not be used for building new housing.

The children spoke so articulately and confidently to Tom and were an absolute credit to the school in how mature they were about issues important to them.



*A message from Mrs Shaw – Assistant Headteacher and Behaviour Lead:*

Next week in school, we will be learning more about anti-bullying week. We are inviting children all across school to wear odd socks to school with their uniform on Monday. Odd Socks Day is a national day to raise awareness of anti-bullying, and we will be learning more about this in assembly.

We will also be learning about the acronym S.T.O.P. We will be using this to help the children understand how to define bullying. Please find an image of it's meaning below:



More information about bullying can also be found to support parents and carers at:

<https://www.nationalbullyinghelpline.co.uk/kids.html>

Thank you for your continued support,

Mrs Salam and Mr Middleton

### Attendance

Our attendance target this year: **96%**.

It is **so** important your child is coming to school every day to reach this target. Our whole school attendance for this week is **90%**.

If your child is absent from school, **we ask that you communicate every day with school to share reasons why your child is absent from school.**

Here is this week's attendance:

F1: 87.7%

F2: 91.9%

Y1: 90.6%

Y2: 79%

Y3: 95.1%

Y4: 89.8%

Y5: 92.4%

Y6: 92.7%

Well done to Year 3 who have the highest attendance this week!

### Attendance update



You may have noticed a new attendance board in the playground! This board is to inform parents and carers of weekly attendance for each class.

**96% and above**

**96-91%**

**90% and below**

A reminder that at the end of this half term, we will be completing our prize draw for the following prizes:

- **Attendance over 97% - voucher for both parent (£200) and child (£100)**
- **Most improved attendance this term – voucher for child worth £100**

#### Attendance-opoly prizes for this week!

**1<sup>st</sup> place** – Y3 who have won a trip to the park next week

**2<sup>nd</sup> place** – Y6 who have won 15 teamwork treasures



## Key dates



### Autumn 2

Date	Event
13.11.23	Odd Socks Day for Anti-Bullying Week
13.11.23	Celebrating Inter-Faith Week across school with various faith leaders completing assemblies and workshops
14.11.23	Y5 Visit to Broadway Cinema
17.11.23	Children in Need Day
17.11.23	The Great Project starts in Year 5
20.11.23	When I Grow Up Week – <b>postponed until Spring term</b>
22.11.23	F2/Y1 visit to new Central Library
24.11.23	IntoFilm Festival visit to cinema for Y4
29.11.23	Year 3 Stone Age Trip to Brackenhurst
5.12.23	Christmas in the City choir event
5.12.23	Drama Club visit to Nottingham Playhouse for Pantomime (7pm)
7.12.23	Christmas Fayre from 2.30pm
12.12.23	Whole School Pantomime visit
13.12.23	EYFS & KS1 Nativity – afternoon performance
14.12.23	Christmas Jumper Day Christmas Dinner Day
14.12.23	EYFS & KS1 Nativity – evening performance
18.12.23	KS2 Carol Concert at Emmanuel Church – 10am
18.12.23	EYFS & KS1 Christmas Crafts with parents and carers – 2pm
19.12.23	KS2 Christmas Crafts with parents and carers – 9am
19.12.23	End of the term – finish at 2pm
20.12.23	Warren Inset Day

## Achievements this week!



Well done to the following children who have been given a certificate in our celebration assembly today!

- F1:** Martyna for settling in to the new half term well & Holly for being kind to all of her friends.
- F2:** Quinley for settling into F2 well & Eva for being a kind friend and helping others.
- Y1:** Keila for settling into Y1 so well & Chloe for her dedication to getting to 50 reads during half term!
- Y2:** Lillie for settling so well into Y2, sharing her history knowledge with the class & Lily for also settling in well and being so kind.
- Y3:** Alfie for always showing respect and following the school rules & Kunal for amazing work in Maths lessons.
- Y4:** Peyton for being polite, respectful and kind, and settling into Y4 brilliantly & Josh for showing maturity and improving his ability to problem solve.
- Y5:** Gracie for super creative writing and improvements to handwriting & Jake for a great description of common factors in Maths.
- Y6:** Cece for incredibly creative ideas when writing her character description & Aron for his careful and considered problem solving in Maths.

## Best seats in the house winners this week:



Mrs Salam chose Kalani and Cayla this week for their kindness, joy and compassion towards others, especially when they come into school in the mornings! Well done!

## Career of the week



This section of the newsletter is where we will be sharing information about a job or career, which you can then share with your child, to inspire or interest them in different career options!

### This week's career is: An electrician

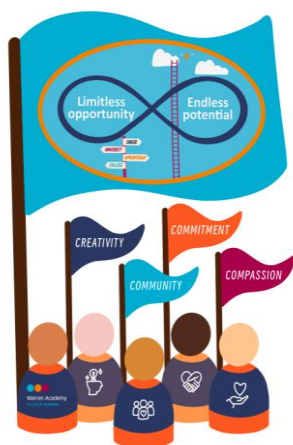
An electrician would take part in day-to-day tasks such as building, installing and maintaining electrical systems and panels in homes or buildings, like schools!

Skills that are useful if you were interested in a career like this are: **Interested in science, particularly Physics and being hands on, as well as enjoying making things work or making repairs. You will also need to be good at problem solving and managing customers.**

**Routes into the industry:** You can become an electrician by studying a BTEC at college or completing an apprenticeship.

More information can be found here:

<https://nationalcareers.service.gov.uk/job-profiles/electrician>





## What we've been up to this week!

- Year 6 visited Cineworld Nottingham for the Into Film Festival. They watched 'The Railway Children Return'. The children's behaviour was exceptional on the visit and was commented on by several members of the public whilst out on the visit!
- Year 5 visited the Ridge Adventure Centre for winning the award of the best class attendance in Autumn 1.
- Some of the Year 6 Play Leaders attended the Young Sports Ambassadors Conference at Harvey Hadden on Tuesday, ran by School Sport Nottingham. The children developed teamwork and leadership skills to use in an Active Club project they will be running across the next few months!
- Some pupils in Year 5 represented the school at the Nottingham High School Tag Rugby Festival at Valley Road on Friday.
- Children in F1 have been taking part in Bikeability with Mrs Ford! The children have been practicing wearing a helmet and learning how to use balance bikes safely.
- Children in The Burrow attended their first swimming lesson at Ken Martin Leisure Centre.
- Children in F2 have been busy learning how to make chapattis! The children have been reading the story 'The Runaway Chapatti', learnt how to make this special type of bread, and they got to try out their baking!



## Cybersprinters – Online Safety Game for 7-11 year olds.

We have had an exciting new interactive online security resource for 7-11 year olds shared with us.

Young people are growing up in an increasingly digital world, exposing them to both the opportunities and risks of the internet. CyberSprinters empowers them to make smart decisions about staying secure online.

The digital game can be played on phone, tablet and desktop, and is supported by a suite of activities to be led by educational practitioners working with 7-11 year olds. Parents and carers can also try the CyberSprinter puzzles with their children at home!

Find a link to the game below:

<https://www.ncsc.gov.uk/collection/cybersprinters/the-game>

## L.E.A.D Academy Trust Christmas Card

We have been asked for any pupils who would be interested in creating some festive artwork for the front of the L.E.A.D Academy Trust annual Christmas Card. They are looking for a fun and festive illustration they can use to send out to schools and partners of the trust. If your child would like to create a piece to submit, please bring this into school by 22<sup>nd</sup> November.



## Scooter Pod

We have a brand new scooter pod now available in the playground. The pod can be used to store your child's scooter if they come to school in this way. It can be found by the outdoor classroom.



## Children in Need Day

Children are invited to wear spots to school to celebrate Children In Need day on Friday 17<sup>th</sup> November. We are asking for a donation of £1 which will be given to the charity. We will also be hosting a cake sale at the end of the day, led by the Primary Parliament.





## Week 3 lunch menu

Day	Main	Vegetarian	Dessert	Jacket Potato
Monday	Mexican Quorn pasta bake		Chocolate sponge with custard	Cheese and beans
Tuesday	Loaded jacket potato with cheese and bacon	Loaded jacket potato with cheese and spring onions	Fresh fruit salad	Beans
Wednesday	Roast chicken and stuffing with mashed potato and peas	Quorn roast with mashed potato and peas	Vegetarian fruit salad	Cheese and beans
Thursday	Beef lasagne with garlic bread and sweetcorn	Quorn lasagne with garlic bread and sweetcorn	Strawberry iced smoothie	Coleslaw
Friday	<b>Children in Need themed lunch</b> Chicken nuggets/Quorn nuggets Chips and beans Pudsey Bear biscuits Chocolate milkshare			

If your child is having a packed lunch, please ensure you are making healthy choices for your child to eat. Below shows the 'Eat Well Guide' which is what is recommended to be eaten on a daily basis to maintain a healthy diet. We have also included some healthy lunchbox ideas. More information can also be found at:

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>



## Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:

### 1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

**Choose ONE EVERY DAY from:**

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes

*Choose wholegrain*

*Use a thermos flask to keep pasta warm*

*Get kids involved in the choices*

### 2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

**Choose TWO EVERY DAY from:**

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup

*Add salad to your sandwich*

*Use a thermos flask for delicious soup*

### 3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

**Choose ONE EVERY DAY from:**

- ✓ Milk
- ✓ Cheese – hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard

*Choose low sugar dairy products*

*Reduce sugar choose plain yoghurt and have fruit on the side*

### 4 Protein Foods

for growth and repair

Pack a protein punch!

**Choose ONE EVERY DAY from:**

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans

*Keep processed meat to a minimum*

*Choose oily fish like salmon once every 3 weeks*

### 5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk – or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie

*Milk, water or 150ml juice*

**Occasionally!**

Meat products such as sausage rolls, pies, sausages

Plain cakes/sponges and biscuits of appropriate portion sizes

*Plain cakes occasionally*

For more healthy packed lunch ideas and recipes visit [www.phunkyfoods.co.uk/recipes](http://www.phunkyfoods.co.uk/recipes)

# GB CANOEIST **EMILY** **LEWIS** is visiting this school

 @EmilyLewis\_93  @EmilyLewis\_93

Most  
Important  
role  
model?

Team Heats, Men's K1 200m  
Olympic Champion

Top tip  
for life?

Do what you love, love  
what you do

Greatest  
high?

Competing at the Tokyo  
2020 Olympics

What are you  
most grateful  
for?

Family and friends

Who would  
you like  
to meet?

David Attenborough

True  
or  
false?

I have the same thing for  
breakfast every day?

\* Answer: True

## Emily Lewis

Emily grew up in Malvern in England with her many siblings. She had a lot of energy as a child and she channelled this energy into sport. Emily has been competing for Great Britain since she was 17 years old and hopes to one day win an Olympic medal.

Emily loves competing in a team and the feeling of achieving something together. Emily has been British National Champion on multiple occasions in singles and crew boats and on 200 and 500m. When Emily retires from competitive sport she hopes to gain a degree in Forensic Science.

Some of Emily's achievements include:

- ★ 2020 Tokyo Olympics quarter finalist K1 200m
- ★ 2018 Multiple World Cup finalist K4 500m
- ★ 2017 Senior World Championships K4 500m 9th place
- ★ 2017 Senior Europeans K1 500m finalist
- ★ 2016 Senior World Championships 4th place K2 200m
- ★ 2016 U23 Europeans Bronze Medal K1 200m
- ★ 2016 U23 World Championships 4th place K1 200m
- ★ Multiple times National Champion in K1, K2 and K4



on the

22nd  
November  
2023



2.5 million kids inspired

**SPORTS FOR SCHOOLS**  
GB ATHLETES WHO INSPIRE KIDS



# Are you pregnant or have children under the age of 4?

You could get help to buy:

Plain cow's milk

Fresh, frozen or tinned fruit and vegetables

Fresh, dried, and tinned pulses

Infant formula milk

You can also get free Healthy Start vitamins.

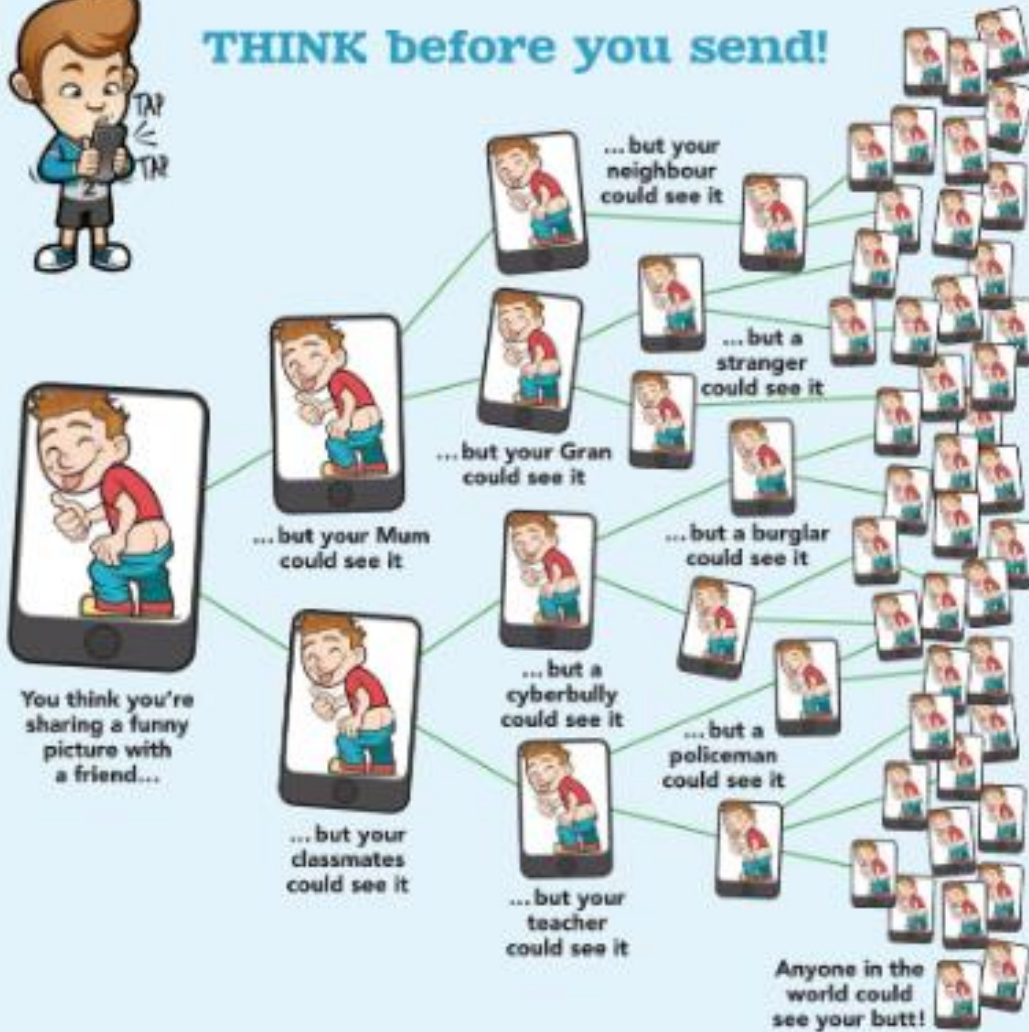
[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

  @NHSHealthyStart

### Parent Guides to Online Safety



**THINK before you send!**



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



### If you share it, you are involved

If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.

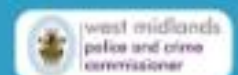
**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with





the national  
**sleep**  
helpline

# Does your child suffer with sleep issues?

Do you struggle  
with your child's  
bedtime?

Will your child  
not sleep in  
their own bed?

WE CAN HELP

 **03303 530 541**

Monday, Tuesday & Thursday 7pm - 9pm  
Monday & Wednesday 9am - 11am



# YOUR INVITATION TO JOIN OUR MCCF HUB IN NOTTINGHAM (BOYS)

• **VENUE:** Nottingham High School  
[NG7 4ED]

• **DATES:** Sundays, 9:30-11 (U14A), 11-12:30 (U14B), 2-3:30 (U16A), 4-5:30 (U16B). Trials: 7<sup>th</sup> Jan. Sessions: 14<sup>th</sup> Jan to 17<sup>th</sup> March.

## ELIGIBILITY

Aged 11-16

Attend a state school

Committed to putting 100% effort into all training sessions

Does not currently play in a County Team



  
**FOUNDATION**



## APPLY

Thinking about it? Email the Hub Manager for more info: [pgadauk@yahoo.co.uk](mailto:pgadauk@yahoo.co.uk) or 07712339722

Ready to go?  
Scan the QR code and register your interest by:

31<sup>st</sup> December 2023

## WHAT IS AN MCCF CRICKET HUB?

MCC Foundation (MCCF) runs a network of more than 120 cricket Hubs serving some 4,000 young players across the UK. Our Hubs provide free-to-access coaching and match play for state-educated cricketers aged 11-16.

- Have fun whilst being supported to reach your full potential on and off the cricket pitch
  - 10 weeks of high-quality intensive cricket coaching during the winter
    - Match play and talent ID opportunities over summer
  - Cricket+ including S&C, mental health and nutrition support
    - Completely **FREE** to attend

[info@mccfoundation.org.uk](mailto:info@mccfoundation.org.uk)

